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**CARDIFF IS STILL
BLOOMING GREAT
SEE PAGE 5**

Capital Times

Cardiff Council Issue 154 October 2013



NEWS



New chewing gum bins piloted in
Cardiff - see page 3



Have your say on community
proposals - see page 7



• Students from Cardiff High who are off to Oxford and Cambridge Universities. L-R: Tom Bevan (Cambridge to read Human Social & Political Sciences), Emily Marr (Cambridge, Biological Science), Peter Lloyd-Williams (Cambridge, Law) and Megan Jones (Oxford, English & French).

Exam results success for Cardiff students

STUDENTS in Cardiff can again take pride in their achievements in A-Level and GCSE examinations as the performance of students is well above the all Wales averages.

A Level students in Cardiff achieved an overall pass rate of 98.3 per cent for grades A* - E, which is higher than the all Wales figure. Almost three tenths of the grades awarded were grade A* or A, a clear six percentage points higher than the overall percentage for Wales and 2.7 percentage

points higher than for England.

In the 'AS' examinations, more than one in five of the grades awarded were grade A (2.7 per cent better than last year and 5.8 per cent better than for all of Wales). Results for A-C and A-E are, once again this year, well ahead of the all Wales outcomes.

Among the hundreds of students celebrating across Cardiff, five from Cardiff High received the exciting news that they have been accepted to study at Oxford

and Cambridge universities. Emily Marr, Tom Bevan, Peter Lloyd-Williams, Megan Jones and Bryony Pearson were thrilled with their outstanding results which have secured their places at these prestigious universities.

In Cardiff, the overall pass rate for GCSE exams has remained constant at 98.2 per cent. However the proportion of pupils attaining five GCSE grades A* - C or equivalent has risen significantly by 5 per cent from 68 per cent in 2012 to

73 per cent this year.

The percentage of Cardiff students achieving five GCSEs at grades A* - C including English and Maths has also increased again this year to 50.3 per cent compared with 49 per cent last year.

Cardiff Council's Cabinet Member for Education and Lifelong Learning, Councillor Julia Magill, said: "I am very pleased to see improvements in the pass rates in Cardiff. Raising standards of achievement in Cardiff is a

high priority for this administration and it is pleasing to note that the efforts of students have been rewarded.

"These results have been achieved through their sustained hard work and commitment, the support of their families and the dedication and skills of the teachers and other staff in our schools. I would like to congratulate everyone on their success and wish them all the very best for their future careers."

C
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You can also e-mail us at capitaltimes@cardiff.gov.uk

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A day in a life

The latest in a regular series looking at jobs carried out by council employees. This month Josh Law, Assistant Disability Football Project Coordinator, talks to Capital Times.



I originally studied for a degree in Sports Science in Swansea and landed this role as part of a training placement. I have an interest in sport and specifically football so coaching seemed like a natural progression.

I am employed by Cardiff City Community and Education Foundation and work in partnership with Cardiff Council to help deliver and coordinate Every Player Counts, a national project which provides football opportunities to disabled players and is the largest of

its kind in Wales and one of the largest in the UK.

Day to day my duties include marketing the programme to get more disabled people into football, securing funding and liaising with parents. The rest of the time I am involved in disability coaching sessions working with footballers with Downs Syndrome, physical disabilities, learning disabilities and wheelchair users. We also run a deaf team and a blind team.

We also hold multi-sports camps for children

throughout the school holidays and work alongside Sport.Cardiff to deliver football festivals and disability training sessions in schools.

I get a great deal of job satisfaction from what I do and it is so rewarding to see the players develop both their football and social skills but also their confidence. It is important that everybody has the opportunity to play football and not only does the programme provide this but it has done it successfully, with several of

the teams achieving awards and winning competitions.

I hope that Cardiff City's promotion will do even more to raise awareness of the programme and what the coaches are trying to achieve, as well as inspiring more people to come along and get involved, increasing disability football provision across the region.

As part of the Paralympic legacy, disability football will also be included in the Cardiff Games, a major schools sports programme to be launched in September

which will provide every child in Cardiff the opportunity to compete in competitive sport.

The Sport.Cardiff initiative in partnership with Cardiff City Football Club, Cardiff Blues Rugby, Glamorgan Cricket and the Cardiff Devils as well as National Governing Bodies of Sport, School Sports Associations and local schools and sports clubs will create a clear competition pathway from primary and secondary school sport onto community and club sport.



Digital Cardiff shapes the future of broadband provision in the city

THE Super Connected Cities programme, which has seen funding of £10.2m awarded to Cardiff, is now gathering pace.

Councillor Russell Goodway, Executive Member for Finance and Economic Development, made the announcement in June that Cardiff was one of four cities in the UK chosen to carry out a market test for the Cardiff Connection Voucher Scheme.

This means that Small to Medium Enterprises (SMEs) can receive up to £3,000 to enable internet connectivity speeds of up to 1Gbps+.

To date, over 30 Internet Service Providers (ISPs) have signed up to provide connections in Cardiff with in excess of 100 businesses

already having received confirmation from the Council to spend up to £3,000 to improve their digital infrastructure.

The next phase of the Super Connected Cities Programme for Cardiff will see wi-fi access within the city centre and Bay areas.

Following a rigid procurement process, a preferred supplier has now been identified for developing wi-fi in the city. This will see the first phase of installation of the wi-fi imbedded throughout high footfall areas in the city centre, programmed for completion before the launch of the Christmas shopping period on November 15.

This development will

ensure that Cardiff has the best mobile data coverage and capacity for its residents. The demand for data on the go has increased rapidly over the years and demand will continue to rise in the advent of 4g, smart phones, tablet pcs and mobile working. By providing wi-fi areas in key spots in Cardiff, this continues to develop Cardiff's competitive edge as a connected city.

• For more information on applying for a Cardiff Connection Voucher to improve your businesses digital infrastructure or to find out more about the roll-out of the access to Wi-Fi in the City Centre and Bay area, please visit www.digitalcardiff.net

Committee dates

Monday, 16 September, Audit Committee, 2.30pm, Committee Room 2, County Hall.

Tuesday, 17 September, Corporate Parenting Panel, 4.30pm, Committee Room 4, County Hall.

Wednesday, 18 September, Constitution Committee, 5pm, Committee Room 4, County Hall.

Monday, 23 September, Cabinet, 2.30pm, Committee Room 3, County Hall.

Thursday, 26 September, Council, 4.30pm, Council Chamber, County Hall.

Tuesday, 1 October, Licensing Committee, 10am, Committee Room 1, County Hall.

Tuesday, 1 October, Public Protection Committee, 10.30am, Committee Room 1, County Hall.

Tuesday, 1 October, Policy Performance & Review Scrutiny Committee, 4.30pm, Committee Room 4, County Hall.

Wednesday, 2 October, Democratic Services

Committee, 10.30pm, Committee Room 1, County Hall.

Wednesday, 2 October, Community and Adult Scrutiny Committee, 5pm, Committee Room 4, County Hall.

Thursday, 3 October, Environmental Scrutiny Committee, 4.30pm, Committee Room 4, County Hall.

Thursday, 3 October, Economy & Culture Scrutiny Committee, 4.30pm, Committee Room 3, County Hall.

Tuesday, 8 October, Children & Young People Scrutiny Committee, 2.30pm, Committee Room 4, County Hall.

Wednesday, 9 October, Planning Committee (DC), 2.30pm, Ferrier Hall, City Hall.

Thursday, 10 October, Cabinet, Committee Room 3, 2.30pm, County Hall.

Tuesday, 15 October, Standards & Ethics Committee, 4.30pm, Committee Room 1, County Hall.

These dates are correct at time of going to press, however changes can occur due to unforeseen circumstances. If you wish to attend any of these meetings, details may be confirmed with Committee Services at County Hall on 029 2087 2000.

Goody Goody Gumdrops

NEW pink bins designed to tackle chewing gum waste have sprung up around the city.

Cardiff Council, working with Keep Wales Tidy, Wrigley's and GUMDROP, are piloting 100 'GUMDROP' bins within Cardiff, meaning it is even easier for people to dispose of their chewing gum, creating a cleaner, better city for everyone to enjoy.

Developed by entrepreneur Anna Bullus, the bins enable used gum to be collected and recycled to produce new GUMDROP bins.

Cabinet Member for Environment, Councillor Ashley Govier said: "Chewing gum waste is one of the usual suspects of litter that we have been targeting in our zero-tolerance campaign of the same name as it is very costly to remove from the street and creates a terrible impression in the city.

"GUMDROP bins are a great idea and will greatly enhance the options for

people who need to get rid of their gum. The fact this waste can be recycled by GUMDROP is a fantastic bonus and hopefully it will prompt people to think before they drop."

The GUMDROP bins will all be monitored and replaced on a monthly basis with the trial scheduled to last until the end of the year.

Anna Bullus said: "Working together with

Wrigley's, Cardiff Council and Keep Wales Tidy, GUMDROP is delighted to be at the forefront of tackling the problem of gum litter. We believe that changing a small habit can make a big change to our environment and we welcome the people of Cardiff to join us in our effort."

Councillor Govier added: "We are leaving no stone unturned in trying to eradicate this problem from Cardiff's streets and this

trial will form part of a coordinated strategy of education, innovation and enforcement that is ongoing in our battle to take down the usual suspects. I will watch this enterprising trial with great interest."

• GUMDROP inventor Anna Bullus, Sian O'Keefe from Wrigley's and Councillor Ashley Govier next to one of the new bins.



'More than just a Jobs Fair' returns

CARDIFF Council's Local Training and Enterprise team, in partnership with Jobcentre Plus, Careers Wales and Cardiff Youth Council is set to return to City Hall on Wednesday, September 18, between 10am and 3pm for the biggest ever 'More than just a Jobs Fair'.

For one day only everything for job seekers will be under one roof, with access to some of the city's top employers and careers experts and thousands of jobs available. A number of employers will be also be conducting interviews on the day.

The Jobs Fair actively supports the Council's NEETS agenda, which aims to get all young people in either education, employment or training schemes.

• To find out more, including a full list of companies who will be there on the day go to www.cardiff.gov.uk/jobsfair

Pont Y Werin scoops Lottery gong

PONT Y Werin, the bridge which provides a vital connection between Cardiff and the Vale of Glamorgan has won a National Lottery Award for 2013.

Pont Y Werin, linking Penarth and the Cardiff Bay area, is part of Sustrans' Connect2 UK network of new routes which has won the Best Environment project in The National Lottery Awards 2013. The awards are the annual search for the nation's favourite Lottery funded projects, with Connect2 achieving over 10,000 public votes to win their award.

The Council was a lead partner in the £4m Pont Y Werin project, which is part of the National Cycle Network and was part funded by a £1.5m Big Lottery Fund Connect2 grant, with additional contributions from the Welsh Government, Vale of Glamorgan Council and Harbour Authority. The bridge was completed in July 2010 and completes a 10.5 mile Bay Trail for walkers and cyclists to enjoy the capital and coastline route.

Wildlife TV presenter Kate Humble presented The National Lottery Award for Sustrans' 83 Connect2 projects to Sustrans' Chief Executive Malcolm Shepherd on Pont Y Werin.

Cabinet Member for Strategic Planning and Transport, Councillor Graham Hinchey, said: "This is fantastic news for everyone involved in the construction of Pont Y Werin, which has proved a very popular facility with walkers and cyclists in the area since its opening three years ago.

"Around 10,000 cyclists and 26,000 walkers use this bridge every month and these numbers continue to rise as people opt for a healthy way to get around. Pont Y Werin is now a key part of the city's sustainable transport infrastructure, providing an attractive and safe route across the River Ely from Penarth to the International Sports Village development.

"We are extremely proud to gain this national recognition for this excellent bridge, which is really making an impact on people's every day lives."



• (L-R) Malcolm Shepherd, Kate Humble and Councillor Graham Hinchey.

Local Development Plan: Deposit Plan – have your say

CARDIFF Council is planning a series of conferences and drop-in exhibitions in October and November to give you a chance to see the next phase of the Local Development Plan which is the Deposit Plan 2006 – 2026.

Pending approval at the September Full Council meeting, a six week public consultation period will be held to give you the

opportunity to comment on the plan.

Full details of how to submit your comments on the plan plus information on the public events will be published on the Council's website and in next month's Capital Times.

• To find out more about the Local Development Plan visit www.cardiff.gov.uk/localdevelopmentplan or email ldp@cardiff.gov.uk

Local Development Plan Exhibition

Deposit Plan 2006 to 2026

Arddangosfa'r Cynllun Datblygu Lleol

Cynllun ar Adnau 2006 – 2026



• (L-R) Lynne Purkis, Samuel Male and Acting Headteacher, Wendy Rees

Exciting new start for Cardiff schools

THREE Cardiff schools transferred to their new locations this month.

Ysgol Gymraeg Treganna, which opened on a brand new site on Sanatorium Road in Canton, has welcomed more than 600 pupils aged three to 11 through its doors. The Welsh-medium primary school has benefited from a multi-million pound investment, transforming it into a three form of entry school with nursery. As well as new starters joining the school this term, pupils have transferred from Ysgol Tan-Yr-Eos and the old Ysgol Treganna site to the new school building.

The school was built to address the increase in demand for Welsh-medium primary places in this part of the city, and provides its pupils with a fit for purpose learning environment in a state-of-the-

art building.

Ysgol Bro Edern, which was established as the city's third Welsh-medium high school has also moved from its temporary shared site with Ysgol Glantaf to its permanent site on Llanedeyrn Road. The school has taken over the old St Teilo's school site and is undergoing phased refurbishment which will be completed in 2014. In line with the council's policy of integrating technology into all areas of education, both Treganna and Bro Edern have invested heavily in mobile technology for use in the classroom and beyond.

Ysgol Bro Edern will become the first school in Cardiff and one of only a handful in Wales, to deploy iPads on a one to one basis with their students, while Treganna will see a massive increase in the use of similar

technology, with all pupils being able to access technology enhanced learning opportunities at any time within their learning environment.

Students in St Teilo's Church in Wales High School have moved to a new purpose built site in Llanedeyrn. The £23m investment offers high quality design features, including first-rate learning, sports and recreational facilities which will benefit the local community as well as the school. Students will also have access to the latest ICT equipment and technology which will enhance their learning experiences.

In addition to these important location changes, work went on over the summer holidays to make sure the buildings at the Rumney High School site are ready to open on

schedule this month as Eastern High. A lot of hard work has also been going on behind the scenes as the latest stage of this exciting project is delivered.

Cabinet Member for Education and Lifelong Learning, Councillor Julia Magill, said: "We are really pleased to have delivered new learning environments for so many pupils in Cardiff this year. There have already been significant investments made in schools across the city, and the 21st Century schools programme will continue to progress in line with local needs, and the views of staff, pupils, parents and carers.

"We will continue to raise school standards and improve the quality of the learning environment to create fit-for-purpose 21st century schools, giving every child in Cardiff the best possible start in life."

Charges to the Council's Bulky Waste Collection Service

FROM the end of September, charges will apply to the Council's bulky waste collection service.

Up to three items can be collected costing £15 and for all subsequent items a charge of £5 per item will apply, with a maximum of five items per booking, per collection address.

For householders receiving income support, income related job seekers allowance

or guaranteed pension credit, two free collections are available per financial year and evidence of exemptions must be provided at time of booking.

Payments can only be made to C2C by debit or credit card. Cash or cheques will not be accepted for phone bookings, however they can be made in person or post at Lamby Way.

Cabinet Member for the

Environment, Councillor Ashley Govier said: "Cardiff Council has always helped to subsidise the city's household bulky waste collection service. However due to an increase in financial pressure, the Council needs residents to make a relatively small contribution towards the cost of collection and disposal of their items.

"This will ensure this useful and well used service can still be provided to Cardiff

residents. Alternatively items can still be taken for free to one of the city's four Household Waste Recycling Centres, donated to local charities or sold privately on numerous web based providers."

• To book a bulky waste collection residents should call Connect to Cardiff (C2C) on 029 2087 2087. For more information about the bulky waste collection service

including which items are accepted please go to www.cardiff.gov.uk



Cardiff is bloming lovely

THE glorious summer sunshine has been of great help to the gardeners of Cardiff, who have once again made the city a beautiful place to live in.

The total number of entries in this year's Cardiff In Bloom

competition has exceeded those in 2012, with the sunshine encouraging more people out into their gardens than ever.

The Best Kept Rear garden class has really taken off, with many more entries than ever

before; and the Senior Citizens class has also proven very popular.

There has been a change this year in the way the prizes are awarded too, with medals now given to everyone who receives

more than 50 marks to ensure everyone's efforts are recognised.

A full list of the winners will be published in next month's Capital Times. Congratulations to all who took part.



Biodiversity Corner

Biodiversity is all living things. It provides us with food, clothing, medicine, building materials and fuel. It helps reduce stress and aids relaxation. Each month Cardiff Council ecologist **Matthew Harris** will point out some of the great biodiversity you can see across the city.

OCTOBER

October sees the last of the summer breeding birds leaving us to head south for the winter. But having said goodbye to the familiar housemartins and swallows, we now have an influx of birds from the north and east, seeking shelter from the northern winter.

Redwings, fieldfares and waxwings are seen in many parts of Cardiff, but a visit



to the foreshore will reveal where many of our winter visitors are found. Dunlin, Redshank, Curlew and Shelduck are among the 70,000 overwintering and migrant wading birds and wildfowl which rely upon

the Severn Estuary - a very important ecosystem which supports vast numbers of invertebrates, fish, and important habitats like sandbanks and saltmarshes. This has led to the estuary being given protection at a national and international level, and Cardiff has an important role to play in the protection and management of this site.

Much of this foreshore is accessible to visitors, walkers and birdwatchers alike thanks to the Wales Coast Path. For more details see www.walescoastpath.gov.uk

I'll be back next month with more biodiversity attractions..



Photographs by Laura Palmer

Are you a woman with psoriasis? Are you pregnant? or Have you become a mother within the last three years?

I am a postgraduate research student with The Open University and I am looking for female volunteers who would like to talk about their experiences of having psoriasis whilst pregnant and/or whilst becoming a mother. I am especially interested in hearing about patient care during these times.

Volunteering would involve taking part in an interview with me, Allie, a fellow woman with psoriasis, at a time and place convenient to you. The interview could be face-to-face, via the telephone, or by Skype, whatever would be most comfortable for you. I would expect interviews to last from thirty minutes to an hour.

You would not be named in the research in order to protect your identity.

If you or anyone you know is interested in taking part in my research and would like further information, please contact me.

Thank you for taking the time to read this,
Allie Steemson

Your area - Cardiff South

Each month the Capital Times will focus on a different area of the city.

Butetown		Grangetown				Llanrumney				
	Ali Ahmed 2075 5283 AliAhmed@cardiff.gov.uk		Ashley Govier 2087 2631 Ashley.Govier@cardiff.gov.uk	Chris (John) Lomax 2037 2853 Chris.Lomax@cardiff.gov.uk	Lynda Thorne 2087 2598 Lynda.Thorne@cardiff.gov.uk		Derrick Morgan 2087 9183 DerrickMorgan@cardiff.gov.uk	Heather Joyce 2087 2500 HJoyce@cardiff.gov.uk	Keith Jones 2036 4151 Keith.Jones@cardiff.gov.uk	
Rumney		Splott					Trowbridge			
	Bob Derbyshire 2036 3748 Bob.Derbyshire@cardiff.gov.uk		Jacqueline Parry 2077 9760 JackieParry@cardiff.gov.uk	Gretta Marshall 2075 9241 Gretta.Marshall@cardiff.gov.uk	Huw Thomas 2087 2479 Huw.Thomas@cardiff.gov.uk	Luke Holland 2087 3837 Luke.Holland@cardiff.gov.uk		Michael Michael 2056 7068 Michael.Michael@cardiff.gov.uk	Monica Walsh 2077 9541 MoWalsh@cardiff.gov.uk	Ralph Cook 2087 2501 ralphcook@cardiff.gov.uk

Where to find your nearest

COMMUNITY HALL

St Mellons Community Education Centre
Crickhowell Road
2077 8667

HOUSING OFFICE

(covering: Caerau; Canton; Grangetown; Riverside; Leckwith)
1st Floor, Marland House, Central Square
2053 7111
housingenquiries@cardiff.gov.uk

LEISURE CENTRE

Eastern Leisure Centre
Llanrumney Avenue, Llanrumney
2079 6616
EasternLeisureCentre@cardiff.gov.uk

Channel View Centre

Jim Driscoll Way, off Avondale Rd
2037 8161
ChannelViewLeisureCentre@cardiff.gov.uk

STAR Leisure Centre

Splott Road
2048 4637
Starcentre@cardiff.gov.uk

Splott Swimming Pool

Muirton Road, Splott
2046 2548
splottswimmingpool@cardiff.gov.uk
Central Youth Club
Ocean Park, Ocean Way
2046 1988

LIBRARY

Grangetown Library
Havelock Place
2023 0526

Llanrumney Library and Learning Centre

Countisbury Avenue
2077 7351

Fairwater Library

Doyle Avenue, Fairwater
2056 4019
fairwaterlibrary@cardiff.gov.uk

Rumney Library

Brachdy Road
2079 5834
rumneylibrary@cardiff.gov.uk

Splott Library

STAR Centre, Splott Road
2046 2522
splottlibrary@cardiff.gov.uk

St Mellons Library

30 Crickhowell Road
2077 9194
stmellonslibrary@cardiff.gov.uk

NEIGHBOURHOOD LEARNING CENTRE

Eastmoors Neighbourhood Learning Centre
Sanquahar Street, Splott
2046 2858
eastmoorsac@cardiff.gov.uk

Rumney Neighbourhood Learning Centre

Llanstephan Road
2077 9365
rumneyac@cardiff.gov.uk

St Mellons Community Education Centre

Crickhowell Road
2077 8667
StMellonsAdultCentre@cardiff.gov.uk

PLAY CENTRE

Grangetown Play Centre
The Marl, Off Ferry Road
2039 5265
childrensplay@cardiff.gov.uk



Llanrumney Play Centre

Braunton Crescent, Llanrumney
2079 4783
childrensplay@cardiff.gov.uk

Splott Play Centre

Muirton Road, Splott Park
2047 0867
childrensplay@cardiff.gov.uk

YOUTH CLUB

Butetown Pavilion
Butetown Youth Pavilion,

Dumballs Road
20 488 66

Caer Castell Youth Club & Trowbridge Youth Club

Rumney High School, Quarry Hill
2036 0796

East Moors Youth Club

East Moors Youth & Community Centre, Sanquahar Street, Splott
2046 2858

Grangetown Information Shop

185-187, Penarth Road
2066 6385

Llanrumney Youth Club

Llanrumney Youth Club, Ball Road
2077 8931

St. Mellons Youth Club

St Mellons Community Education Centre, Crickhowell Road
2077 8667

A sign of the times for Creigiau

A new sign welcoming people into Creigiau village has been unveiled.

The idea for the new sign was first discussed as far back as 2004 by the Creigiau 23, a voluntary organisation which raises and distributes funds for the local community.

When Steve Link became the Chairman in 2011, he made the sign his number one priority and managed to get the appropriate permissions from Cardiff Council for it to be installed. The project was also supported by Pentyrch Community Council.

Construction started in March 2013 and was carried out by two Creigiau 23 members, Dave Brown and Bruce Howells, in their own time on a voluntary basis.

The design was done by another member of the group Glyn Jones, again on a volunteer basis. Creigiau 23 funded all the materials and buried within the foundations is a time capsule with items from the pupils of Creigiau Primary School and some Creigiau 23 artefacts.

The new Creigiau village sign was officially unveiled by Cardiff Lord Mayor, Councillor

Derrick Morgan and was also attended by Creigiau and St Fagans Councillor Graham Thomas and members of the Creigiau 23 including current chairman Eurof Davies and Steve Link.

Councillor Thomas said: "I would like to say a massive thank you to the members of Creigiau 23 for making this happen. The sign is a superb addition to the village and something we can all rightly be proud of. I know how much work went into this project over many years by a team that continue to make great things happen in this village."



• The Lord Mayor Councillor Derrick Morgan, Councillor Graham Thomas and members of the Creigiau 23, Bruce Howell (L) and Dave Brown (R).

Have your say on community boundary and electoral arrangements

CARDIFF Council is inviting people to take part in a review of existing community arrangements across the city.

A series of draft proposals have been published and have now gone out to public consultation.

These include community

name changes and alterations to existing boundaries.

Name changes have been proposed where it is believed

that the change will improve recognition and the identity of the community.

Boundary changes have been proposed where either

a community has expanded beyond its current boundary and to allow natural barriers – such as main roads, rivers and railway lines – to help define

community boundaries.

As part of the review the following new communities within the following areas are being proposed:

- **Cardiff Bay:** Relocate the part of the communities of Butetown and Grangetown that are located predominantly south of the A4232 from the River Ely to the Heliport.

- **Danescourt:** Relocate the part of the community of Llandaff that is north west of the railway line.

- **Leckwith:** Relocate the part of the communities of Grangetown and Canton that are located west of the main railway line and the Penarth/Barry railway line.

- **Llanedeyrn:** Relocate the part of the community of Pentwyn that is south of Parc Coed-y-Nant.

- **Michaelston-super-Ely:** Relocate the part of the communities of Ely and St Fagans that are located south of the Cardiff mainline railway within the current community of St Fagans and the area West of Michaelston Road within the current community of Ely.

- **Pontcanna:** Relocate the part of the community of Riverside that is North of Cowbridge Road East.

- **Thornhill:** Relocate the part of the community of Llanishen that is North of the Linear Park.

- **Tremorfa:** Relocate the part of the community of Splott bounded by the River Rhymney, the South Wales main railway line, the Splott branch railway line and the current Splott boundaries.

- **Ty-Gwyn:** Relocate the part of the community of Penylan that is North of the A48 dual carriageway to a new community.

The following community name changes are also proposed

- **Change the name Gabalfa to Gabalfa and Mynachdy.**

- **Change the name of Rhiwbina to Rhiwbina with Pantmawr.**

The majority of boundary changes affect a small number of properties which have all been individually contacted. The remaining boundary changes are:

- **St Fagans to Ely:** Move all properties around Marguerites Way and its adjoining cul-de-sacs from St Fagans to the Ely community.

- **Llanishen to Lisvane:** Move properties between the Rhymney

Valley railway line and the reservoir to the community of Lisvane. Options exist regarding which community the reservoirs should be located within.

- **Llanishen to Cyncoed:** Move properties between the Rhymney Valley railway line and the reservoir to the community of Cyncoed. Options exist regarding which community the reservoirs should be located within.

- **Pentwyn/Cyncoed:** Move properties between the north western corner boundary to follow the line of Nant Glandulas brook and the Golf Course boundary.

- **Llanishen to Cyncoed:** Move the boundary around Maberley Court such that all the properties relocate from Llanishen to Cyncoed.

- **Cyncoed/Pentwyn:** Amend the community boundary around Hollybush Heights so that all properties are represented within the same community.

- **Llanrumney to Rumney:** Relocate a total of 37 properties in Newport Road to ensure that neighbouring properties on the same side of the street are represented in the same community.

- **Trowbridge to Rumney:** Move the boundary around Westbourne Court, Pwllmawr Court and The Avenue to relocate from Trowbridge to Rumney.

- **Llandaff/Fairwater/Canton:** Move the boundary between these three communities from the railway line and Ely Road to Western Avenue and Waun Gron Road.

- **Lisvane to Llanishen :** Change the boundary to relocate the identified properties around Caedelyn Court/Bryncoed to Llanishen Community.

The complete set of draft proposals can be viewed either online at www.cardiff.gov.uk/communityreview or at Council libraries, County Hall and City Hall.

Comments on these and all other proposals need to be received by October 31 after which the Council will consider all the submissions made before drawing up a final set of proposals.

Responses can either be emailed to electoralservices@cardiff.gov.uk or posted to Electoral Services, Cardiff County Council, Room CY2, County Hall, Cardiff, CF10 4UH

Litter blitzed through partnership initiative

THE Council has joined forces with Asda again this year to pick up litter in the communities and land adjacent to its Cardiff stores.

Two teams of staff volunteers, including General Store Manager, Mark Townsend, set off from the Cardiff Bay store, with Cardiff waste education staff, to kick-off this year's community litter pick campaign.

Councillor Ashley Govier,

Cabinet Member for Environment, said: "As a regular litter pick participant I know just how keen the Asda staff are to make a difference in the communities where their stores are situated. Their commitment to helping us keep the city clean is inspirational and we are delighted to work in partnership on this great initiative."

Mark Townsend added: "I've been in the Cardiff Bay



store for five months and our community colleague, Vicky O'Rourke, has made great links with the Council and we have waste management staff helping us out on these

picks. I also deal with traffic and transport, environmental health and all these departments have been really helpful so it's a great partnership with Asda."

Feed your mind

BOOK and food lovers alike have an opportunity to savour in September as top TV chef Jamie Oliver's new book hits the shelves in Cardiff libraries.

Every library in the city, including Central, will receive a copy of 'Save with Jamie', thanks to The Reading Agency's partnership work with publishers, Penguin who are generously donating a free copy of the new book to every library in the UK.

Anyone joining a Cardiff library during September, or who brings a friend to join, will be entered into a prize draw to win

vouchers to use at Jamie's Italian, Cardiff.

There are two £100 vouchers and 10 £25 vouchers up for grabs.

Community & Neighbourhood Regeneration and Social Justice Councillor Lynda Thorne, said: "Cardiff Libraries have so much to offer from books, events and free activities to entertain all the family. The prize draw is an extra incentive to join your local library and enjoy all it has to offer."

For more information on Cardiff Libraries visit www.cardiff.gov.uk

Help Light up a Life this Christmas

GEORGE Thomas Hospice Care is holding its annual Light up a Life Appeal from early November until Christmas.

The appeal allows messages to be placed in a special Book of Remembrance to honour and remember loved ones who have passed away or who are presently ill.

All donations given with messages support the ever increasing work of George Thomas Hospice Care with those facing cancer and other life threatening illnesses.

The Light Up a Life Appeal will be launched on Thursday, November 14 by broadcaster Roy Noble, along with young singers from the Royal Welsh College of Music and Drama.

The appeal, along with the Book of Remembrance and a giant Christmas tree, will then be based in Cardiff's Queens Arcade until December 31.

Margaret Pritchard, Chief Executive of George Thomas Hospice Care, said: "Light up a Life is a very special appeal and our Book of Remembrance

contains some wonderful tributes and thoughts of loved ones. All the money raised through donations supports our consultant led multi-disciplinary clinical service.

"At any one time we care for and support several hundred patients and their families. We have a continuing increasing demand for our service and even in these difficult economic times we aim never to turn away anyone needing our help with our patients aged from 18 years onwards."

Light up a Life is a time to dedicate a light to someone special and is one of the hospice movement's best loved and most meaningful community events.

Light up a Life speaks to people in different ways. Individual lights remind us of particular people whose lives have illuminated our own. Each light celebrates the life of someone special involving memories which may be happy, sometimes moving but always giving hope."

Margaret added: "With the wide range of events that support the appeal, Light up a Life is a major part of our fundraising effort. We need to raise over £1.2 million each year to support the work of Cardiff's local hospice."

Light up a Life events this year include an Opera Delights Evening, Celebrity Sportsmans' Dinner, Christmas Carol Concert, Ladies Pamper Evening, Christmas Fayre, Celebrity Christmas Coffee Morning, Christmas Night at

the Movies at St David's Hall and Christmas at the Mansion House.

• Full details and tickets for these and other Light up a Life events can be obtained from Nicky Piper MBE, Corporate Fundraiser and Events Officer and Christine Chandler, Community Fundraising Officer at George Thomas Hospice Care. Call 029 20524150 or email: nicky.piper@gthc.org.uk or christine.chandler@gthc.org.uk



PLEASE COMPLETE ALL SECTIONS IN BLOCK CAPITALS TO ENSURE AN ACCURATE ENTRY IN THE BOOK OF REMEMBRANCE

YOUR DETAILS

Mr/Mrs/Miss/Ms Forename Surname
(Please delete as appropriate)

Address
.....
.....

Postcode Telephone Number

ENTRIES IN THE BOOK ARE LISTED IN ALPHABETICAL ORDER UNDER THE SURNAME OF THE PERSON BEING REMEMBERED

Person message is **FOR**
(including surname)

Brief message
(e.g. 'A Dear Brother')

REMEMBERED BY / HONoured BY
(One of these options must be used - Please delete as applicable)

Person(s) message is **FROM**
(as you wish it to appear in the Book)

Total Donation (minimum £5.00 per message). Please make cheques payable to: George Thomas Memorial Trust or give card details below. An additional internet entry costs £5.00 - please tick the box for your entry to appear on the hospice's website. ☐

Card No. Expiry Date ____/____/____ Issue Date ____/____/____ Security No. Issue No. (Switch Only)

Signature Date

Return to: George Thomas Hospice Care, Whitechurch Hospital Grounds, Park Road, Cardiff CF14 7BF
Tel: 029 2052 4150 Fax: 029 2052 4159 Web: www.gthc.org.uk Email: info@gthc.org.uk Charity No. 1023311

Lord Mayor's charity receives £21,000 boost

THE Lord Mayor of Cardiff, Councillor Derrick Morgan has presented Llamau, his nominated charity for 2012 - 13, with a cheque for over £21,000.

During the last 12 months, the money has been raised through a variety of events from quiz nights, coffee mornings, curry evenings and Llamau's Sleep Out.

Proceeds from the Lord Mayor's fundraising events will help to support members of the community who are particularly at risk from homelessness, including care leavers, young offenders, those at risk of offending, victims of domestic abuse and people who have

chaotic and disadvantaged lifestyles.

The Lord Mayor, speaking about the charity, said: "I am delighted to present Llamau with these much needed funds which will support the most vulnerable in our society and prevent hundreds of young people going through the trauma of homelessness each year.

"It is thanks to the people and organisations in Wales that have supported the charity that Llamau will continue to help vulnerable young people in Cardiff and throughout Wales."

Frances Beecher, Chief Executive of Llamau, said: "It has been a pleasure to be

Cardiff Council's Charity of the Year and I can't thank firstly Councillor Cerys Furlong and the Lord Mayor enough for their tireless support over the last year.

"So many councillors have supported us, going above and beyond what we could have expected in so many ways, from attending our Sleep Out, putting on their own fundraising evenings to inviting our choir 'The Big Sing' to perform at every possible opportunity. The amount of awareness raised through being awarded such a coveted honour has allowed us to raise even more funds to support our service users. Once again, a



• Lord Mayor, Councillor Derrick Morgan presents Llamau with the money raised over the last 12 months.

huge thank you to the Lord Mayor and his team at Cardiff Council for a brilliant 2012/13.

"We look forward to welcoming back the many Cardiff councillors who have

already committed to Sleep Out 2013, and look forward to seeing lots more new faces too."

Capital Sport...



www.cardiff.gov.uk www.sport-cardiff.com

Paralympic Legacy lives on



• Jess O'Brien at the 'One Year On - Paralympic Legacy' event

EXACTLY one year since the opening ceremony of the London 2012 Paralympic Games, an exciting free event has taken place in Cardiff.

The 'One Year On - Paralympic Legacy' event was a partnership project between Cardiff Council, Disability Sport Wales and Cardiff City Football Club aimed at celebrating and promoting disability sports in Cardiff.

The event, which took place in Roald Dahl Plass, Cardiff Bay, saw members of the public trying several Paralympic sports including wheelchair basketball, blind football penalty shootout and boccia.

London 2012 Paralympians Jess O'Brien and Jordan Howe attended the event, which also helped recruit new players and volunteers for disability sports

clubs in Cardiff

Jess was in the GB Woman's Sitting Volleyball Team and is an ex-pupil at Ysgol Plas Mawr and Jordan is a sprinter who attended Rumney High School.

Cabinet Member for Sport, Leisure and Culture, Councillor Ramesh Patel said: "Cardiff has been committed to providing varied opportunities and the chance for people of all ages to engage in disability sport as part of our Paralympic legacy programme.

"This free event allowed us to celebrate and remember the fantastic success of the London 2012 Paralympic Games and helped ensure we are continuing to provide people with access to disability sports and inspire them to take them up regularly through local clubs."

Extreme Sailing Series™ is a shore delight

THE Extreme Sailing Series™ presented by Land Rover has returned for a second year to Cardiff, with an estimated 120,000 visitors enjoying the four-day adrenaline filled August Bank holiday weekend.

Olympians, American Cup veterans, Round the World yachtsmen and World Champions took to the Cardiff Bay shores with team The Wave, Muscat winning the six Act in this seven Act race.

Cardiff joins other world cities hosting this year's event including Muscat in Oman and Singapore while the finale will be held in Brazil.

Cabinet Member for Sport, Culture and Leisure, Cllr Ramesh Patel, said: "Cardiff has once again delivered a world-class sporting event that has been enjoyed by all. The Extreme Sailing Series has seen international athletes and media organisations descending on the city. The

image of the city has been beamed to a global audience and has provided fantastic coverage of our great city.

"With thousands in attendance, local tourism and businesses have received a fantastic boost. Alongside the Cardiff Harbour Festival and Cardiff Bay Beach, the bank holiday weekend in Cardiff had something for everyone to enjoy.

"We now look forward to 2014 and putting on another spectacular event for the international sailing community."

The full results of Act 6 were
1-The Wave, Muscat- 239
2- Alinghi- 225
3- SAP Extreme Sailing Team- 223
4- Red Bull Sailing Team- 212
5- Realteam- 180
6- ChinaSpirit- 162
7- GAC Pindar- 135
8-Team Wales Land Rover- 125



Cardiff City FC

Tel: 0845 365 1115
www.cardiffcityfc.co.uk

Premier League

Saturday, September 21, 3pm
Cardiff vs Tottenham Hotspur

Premier League

Saturday, October 5, 3pm
Cardiff vs Newcastle United

Glamorgan County Cricket Club

Tel: 029 2041 9311
www.glamorgancricket.com

LV= County Championship - Division 2

Tuesday, September 24, 10.30am
to Friday, September 27,
Glamorgan vs Gloucestershire

Cardiff Blues

Tel: 029 2030 2030
www.cardiffblues.com

RaboDirect Pro12

Friday, September 13, 7.05pm
Cardiff Blues vs Connacht Rugby

RaboDirect Pro12

Friday, September 20, 7.30pm
Cardiff Blues v Zebre Arms Park

RaboDirect Pro12

Sunday, October 6, 2.05pm
Cardiff Blues v Edinburgh
Rugby

Cardiff RFC

Tel: 029 2030 2002
www.cardiffRFC.com

Principality Premiership

Wednesday, September 18,
7.15pm
Cardiff RFC vs Newport

Cardiff Devils

Tel: 029 2038 2001
www.cardiffdevils.com

Challenge Cup

Sunday, September 22, 6pm
Cardiff Devils vs Nottingham
Panthers

Challenge Cup

Saturday, September 28, 7pm
Cardiff Devils vs Sheffield
Steelers

Elite League

Saturday, October 5, 7pm
Cardiff Devils vs Belfast Giants

Elite League

Saturday, October 12, 7pm
Cardiff Devils vs Edinburgh
Capitals

Elite League

Thursday, October 17, 7.30pm
Cardiff Devils vs Belfast Giants

For other sporting fixtures taking place across the city this month please visit www.sport-cardiff.com

Please note all fixtures are subject to change

Capital Events...



Another event brought to you by Cardiff Council www.cardiff.gov.uk or Call C2C on 2087 2087

New Theatre

Tel: 2087 8889
www.newtheatrecardiff.co.uk

See website for performance times and further details.

Formby
Thursday, September 19 - Saturday, September 21

Seven Brides for Seven Brothers
Tuesday, September 24 - Saturday, September 28

To Sir, With Love
Tuesday, October 1 - Saturday, October 5

Thriller Live
Monday October 7 - Saturday, October 12

Orbit Theatre: A Chorus Line
Tuesday, October 15 - Saturday, October 19

St David's Hall

Tel: 2087 8444
www.stdavidshallcardiff.co.uk

See website for performance times and further details.

Stewart Lee-Comedy
Tuesday, September 17, 8pm

America at the Movies - BBC National Orchestra of Wales
Wednesday, September 18, 7.30pm

The Hitchhiker's Guide to the Galaxy Radio Show Live!
Thursday, September 19, 8pm

Sean Lock-Purple Van Man - Comedy
Friday, September 20, 8pm

Postman Pat Live It's Showtime!
Saturday, September 21

The Brighthouse & Rastrick Band
Sunday, September 22, 2.30pm

Daniel De Borah - Concert
Tuesday, September 24, 1pm

An Evening with Kris Kristofferson
Tuesday, September 24, 8.30pm

Sixties Gold - 50th Anniversary Tour
Wednesday, September 25, 7.30pm

Barb Jungr sings Bob Dylan
Thursday, September 26, 8pm

Jason Manfred - Comedy
Friday, September 27 - Saturday, September 28, 8pm

Jedward Young Love Tour
Monday, September 30, 7.30pm

The Illegal Eagles
Tuesday, October 1, 7.30pm

Shostakovich & Poulenc with Søndergård
Friday, October 4, 7.30pm

Reginald D Hunter - Comedy
Saturday, October 5, 8pm

The Seekers 50th Anniversary The Farewell Tour
Sunday, October 6, 7.30pm

Three Phantoms-Musical
Monday, October 7 - Tuesday, October 8, 7.30pm

Dame Evelyn Glennie & British Sinfonietta
Wednesday, October 9, 7.30pm

The Brass Event-various concerts and events
Thursday, October 10 - Sunday, October 13. For details visit www.brassband.com/timetable/ 02920 878 444.

An Evening with Petula Clark
Monday, October 14, 8pm

Valentina Lisitsa
Tuesday, October 15, 7.30pm

Tchaikovsky Symphony Orchestra of Moscow Radio
Wednesday, October 16, 7.30pm

An Evening with Sir Chris Bonington
Thursday, October 17, 7.30pm

A Celebration of Wagner, Verdi & Grieg
Friday, October 18, 7.30pm

Cardiff Castle

Tel: 2087 8100
www.cardiffcastle.com

'Lost houses of Cardiff' lecture by Matthew Williams
Thursday, September 26, 6pm
Illustrated by many unpublished photographs, the lecture traces the demise of these local 'stately homes'. Tickets: £7.50. Limited availability. Pre-book on 029 2087 8100.

Cardiff Country Fair
Saturday, September 28 - Sunday, September 29, 10am-6pm
For tickets, call 029 2023 0130 or visit www.cardiffcountryfair.com

'Medieval Medicine' lecture by Mark Vance
Thursday, October 10, 6pm
Find out more about the blood-curdling techniques of medieval medicine from the Barber Surgeon. Tickets: £7.50. Limited availability. Pre-book on 029 2087 8100.

'Behind the Scenes at Cardiff Castle' with Matthew Williams
Monday, October 14, 6pm. Join this connoisseur, out-of-hours tour to delve deeper into the fascinating features of some of the Castle Apartments.

Tickets: £12.50. Limited availability. Pre-book on 029 2087 8100.

Special Interest Day - 'Victorian Buildings'-Lecture
Tuesday, October 15, 10am - 4pm
Discover how the Victorians built for a new industrial age. Tickets £60 (includes morning coffee, lunch and tea). Pre-booking essential by Tuesday 8 October on 029 2087 8100.

Park Events

Tel: 2068 4000
www.cardiff.gov.uk/parks

Friends of Insole Court
Wednesday, September 18, 10am
Guided walk from Insole Court. Free.

Foods of the Forest
Wednesday, September 18, 6pm
Discover the tasty treats amongst the forest. Meet at the Warden's Centre, Forest Farm Road, Whitchurch. Charge £3.

Forest Farm Wildlife Watch
Saturday, September 21, 10am-12noon. Contact gstamp@cardiff.gov.uk / 029 2044 5903. For details visit www.welshwildlife.org/Watchgroups

Monthly Nature ramble at Forest Farm
Saturday, September 21, 10am-12noon. Bring binoculars if you have them. Meet at the Warden's Centre. Free.

Cathays Cemetery Walk
Sunday, September 22, 2pm - 3.30pm
Meet at the main entrance gates on Allensbank Road. Free.

Wildlife on the on the River Taff
Saturday, September 28, 10am - 1pm
Meet at Radyr Train Station. Free.

Bute Park Restoration project walk
Sunday, September 29, 2pm - 4pm
Meet at West Lodge entrance to Bute Park (outside Pettigrew Tearooms). Free.

Cefn Onn botanical walk
Sunday, September 29, 10am-12noon.
Meet at Cefn Onn car park. Free.

A walk in Bute Park
Wednesday, October 9, 2pm-4pm
Meet at Bute Park Education Centre. Free.

North Cardiff Ridgeway walk from Cefn Onn Taffs Well
Saturday, October 12, 10am - 4pm
Meet at Cefn Onn car park. Free.

Friends of Insole Court
Wednesday, October 16, 10am
Guided walk from Insole Court. Free.

Bute Park- A hidden history
Wednesday, October 16, 2pm
Bute Park Education Centre. To book call 029 2087 2730. £3.

Libraries

Tel: 2038 2116
www.cardiff.gov.uk/libraryevent

We have lots of activities happening across Cardiff Libraries. Contact your local branch library to find out what activities are available for young children close to your home.

Canton Library (closed for refurbishment, scheduled to re-open in December 2013)
Cathays Library 2078 5580
Ely Library 2056 2064
Fairwater Library 2078 5583
Grange Library 2023 0526
Llandaff North Library 2061 3182
Llanedeyrn Library 2073 1428
Llanishen Library 2075 0634
Llanrumney Library 2078 0994
Penylan Library 2078 8400
Radyr Library 2078 0996
Rhiwbina Library 2069 3276
Rhydyppennau Library 2075 4657
Roath Library 2049 4538
Rumney Library 2079 5834
Splott Library 2046 2522
St Mellon's Library 2078 0992
Whitchurch Library 2062 8951

Coffee Morning
Rhydyppennau Library. Every last Friday of the month. Fairtrade Tea and filter coffee provided. Quizzes, newspapers and crosswords available. Call 2075 4657 for details.

Live Music
Central Library. Saturday from 1pm. A wide range of artists performing live. Call the library on 2078 0959 for details.

Norwegian Church Art Centre

Tel: 2087 7959
www.norwegianchurchcardiff.com

Zumba
Every Monday, 5.30pm - 6.30pm.

Streetdance
Every Tuesday, 5.30pm - 6.30pm.

Spectrum Art Exhibition
Monday, September 16 - Sunday, September 22, 9am - 6pm

The Welsh Norwegian Society monthly meetings
Third Wednesday of each month, 7.30pm (starting September 18) Free.

Lightgarden & Dave McKeon
Saturday, September 21, 7.30pm. £12

Penarth Group Exhibition
Monday, September 23 - Saturday, October 5, 9am - 6pm

The Guitar of Wales & the World
Thursday, October 3, 7.30pm
£10 / £5 www.wegotickets.com

Art in Dementia Exhibition
Monday, October 7 - Saturday, October 12, 9am - 6pm

An evening of mediumship
Thursday, October 17, 7.30pm-10pm. £8.

City and Bay Events

Email: events@cardiff.gov.uk
Email: Eventsmarketing@cardiff.gov.uk
www.cardiff.gov.uk www.cardiff-festival.com
2087 2087/8 (cym).

All events subject to confirmation. Information on the L8 (late) night bus service is available from: 0870 608 2608 and www.cardiffbus.com

Cardiff Bay Water Activity Centre
Learn sailing, rowing, powerboating, windsurfing, archery, fishing and more. Contact 029 2087 7977 or 029 2035 3912 or visit www.cbwac.com

Cardiff International White Water
White water rafting, kayaking, canoeing and stand up paddling. All abilities welcome aged 8+. Contact 029 2082 9970 or visit www.ciww.com

Men's Health Survival of the Fittest-starting at Roald Dahl Plass, Cardiff Bay
Sunday, September 29. The Survival series will see participants take on unique challenges in this urban assault course. Free for spectators. To participate visit www.mhssurvival.co.uk

Cardiff Half Marathon-city and the Bay
Sunday, October 6
Free for spectators. To participate visit www.cardiffhalfmarathon.co.uk

Premier Canoe Slalom-Cardiff International White Water
Saturday, October 12
See the competitors test their abilities as they navigate the gates against the clock. Free for spectators. For details visit www.ciww.com/ www.canoevalles.com

Cardiff Allotmenters' & Gardener's Night School
Maescoed Road Community Centre
Starting Thursday, September 26, 7pm - 9pm. Subject: Growing Vegetables and Salads (10 week course). Cost to cover notes and materials £50.

Cardiff Archaeological Society
Thursday, October 10, 7.15pm.
"Stonehenge-new discoveries" at the Chemistry Lecture Theatre, Main Building, Cardiff University, Cathays Park.

Cardiff Bonsai Club
Meet monthly on the third Wednesday at 7.30pm at Bethal Church Hall, Whitchurch. For details, visit www.cardiffbonsai.org.uk

Cardiff Farmer's Markets
Rhiwbina, Butcher's Arms - Every Friday 10am - 1pm, Roath, Mackintosh Sports Club- Every Saturday 9.30am - 1pm Riverside, Fitzhamon Embankment-Every Sunday 10am - 2pm Whitchurch (outside The Three Elms pub)-Every Wednesday 10am - 2pm. St. Mary Street every Saturday 11am-5pm. For details, visit www.riversidemarket.org.uk

Cardiff Naturalists' Society
A series of talks and field trips covering all aspects of wildlife from plants and animals to the environment and geology. For details visit www.cardiffnaturalists.org.uk

Cardiff Philatelic Society
Stamps, postcards or postal history group. Meet alternate Tuesdays, 7.30pm at Llanishen Baptist Church, Fildas Road, Llanishen, CF14 5LZ. For details visit www.cardiffphilatelicsociety.org.uk

Cardiff Postcard Fair
Saturday, October 19, 10am - 3.30pm
Penylan Library and Community Centre, Penylan Road. For details visit www.postcard.co.uk/swppcc

Cardiff Royal Naval Association
Meet monthly on the second Monday at 7.30pm at the Rumney Royal British Legion. Former and serving members of The Royal Navy and Royal Marines welcome. For details: 07926 030327 / jeffhadley@hotmail.co.uk

Loose Ends
A social group for the over 50's who are on their own, whether widowed, divorced or single. For details: looseends75@yahoo.co.uk / 02920 611992.

Monday Club
If you are age 50 plus and would like to make new friends and enjoy a game of bingo come along to the weekly club at Home Guard Club, Ely at 1.30pm. Complimentary refreshments are also available.

National Museum Cardiff -Visions of Mughal India: the Collection of Howard Hodgkin
Until November 3, Free. For a full listing of events and exhibitions visit www.museumwales.ac.uk/ 0300 111 2333.

Rhiwbina Floral Society
Meet every first and third Tuesday of the month at Rhiwbina Memorial Hall, Lon Ucha, CF14 6HL. For details, visit www.rhiwbinafloralsociety.org.uk

The Royal Welsh Regimental Comrades Association City of Cardiff Branch
Former and serving members of the Royal Welsh, Welch Regiment, South Wales Borderers, Royal Welch Fusiliers, Royal Regiment of Wales and any affiliated territorial and regular battalions are welcome. Meet at the Warrant Officers' and Sergeants Mess at Maindy Barracks on the third Friday each month at 7.30pm. For details call 02920 618115 / 029 2054 9577.

Welsh widows and widowers group
The group meet every Saturday night and Wednesday each fortnight. For details, call 07749 542858 or e-mail friends@welshwidows.co.uk / website www.welshwidows.co.uk

Dragon Court Chinese Restaurant
Weddings, Parties, Banquets, and VIP Karaoke Room for special events
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DIM SUM 50% OFF YOUR DIM SUM LUNCH
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Authentic Chinese Cuisine
www.dragoncourtcardiff.co.uk

No.8 Capital Retail Park, Leckwith Road, Cardiff CF11 1BEG FREE CAR PARKING

Cardiff Country Fair brings a slice of rural life

THE Cardiff Country Fair, which takes place this autumn is calling on all wannabe Mary Berrys and Paul Hollywoods to take part in the fair's very own baking competition, sponsored by Brace's Bread.

Taking place from September 28-29 at Cardiff Castle, the event will showcase the essence of rural Wales, celebrating the best of farming, food and the countryside from across the UK.

The fair is looking for entries for the produce and handicraft section, which will judge produce such as the best Welsh cakes, Victoria sponge, cupcakes and plaited loaf along with a whole host of other competitions.

These events will be overseen by expert Margaret Spencer, Head of the Produce and Handicraft Section at the Royal Welsh Show and judged by David Le Masurier owner of Pettigrew Tea Rooms and Larkin Cen, Masterchef finalist.

Cabinet Member for Sport, Culture and Leisure, Councillor Ramesh Patel, said: "The Cardiff

Country Fair will bring the best of the country to the heart of the city. This innovative event is the first time a rural show has taken place in a city centre location and it will be an exciting opportunity for people to get involved and show off their skills.

"I would urge residents of Cardiff to get out their cake tins, sewing kits or jam jars and take up the challenge."

Margaret Spencer added: "The Produce and Handicraft Section at the Royal Welsh attracts over 300 entries across all sections. I can't wait to see what the people of Cardiff can do. You don't have to be a professional cook, most of the award winning entries come from people who just love cooking."

Other entertainment includes master classes in butchery, cheese making and bee keeping along with The Cheese Village, Best of British Produce Tent and a wonderful exhibition of livestock from across Wales.

Cefn Mably farm is providing



a cwch corner giving you the chance to cuddle guinea pigs, rabbits and chicks; and country fair stalwart Meirion Owen will bring his duck herding demonstration the Quack Pack to entertain the crowds.

The Salmon and Trout Association will also be on hand to give fly fishing workshops.

The Daffodil rebuild team will teach you how to strip and rebuild an old Ferguson tractor while The Cosy Hen Company

will be on hand to explain how and what is needed to start keeping chickens in your back garden.

Councillor Patel added: "As well as being a fun day out the Cardiff Country Fair will provide

top tips for people to learn how to live the good life in the heart of the city."

• For more information visit www.CardiffCountryFair.com and www.FfairWledigCaerdydd.com

Last chance to enjoy Clock Tower tour at Cardiff Castle

A special tour allowing people to see inside the iconic Cardiff Castle Clock Tower will run to the end of September.

Climb the 101 steps up the spiral staircase and view some of the most spectacularly decorated rooms the Castle has to offer along with some magnificent views of the city.

Staff, shoppers and visitors have just a few more opportunities to go on this specialist tour, where people are being allowed for the first time to visit the Bell Chamber and view the clock mechanism in full working order.

The Clock Tower caused a sensation when it was completed in 1874, such was the extravagance of the design, as it is decorated with life-size statues. The clock was made in 1870 by Edward Dent of London who also made Big Ben.

The tours runs every Saturday and Sunday until the end of September.

Each tour lasts for approximately 40 minutes, leaving at 11.30am, 12.30pm, 1.30pm, 2.30pm



and 3.30pm on each day.

The cost of a tour is £4 for adults, £3.50 concessions and £3 for children and is an add-on to admission to the Castle. Family tickets are also available. Castle Key and

Season Pass holders save 10 per cent on the cost of a tour.

To book your tour contact the Ticket Office on arrival or at any time during a visit, subject to availability. The tour is not suitable for under

5s or for people with mobility issues due to the number of steps involved.

• For more information on what Cardiff Castle has to offer visit www.cardiffcastle.com

Council working with students

CARDIFF students moving from halls of residence to properties in the local community can benefit from a range of services and advice provided by Cardiff Council.

Students play a vital role in Cardiff's economy with 36,000 students living in Cardiff, making up 10.4 per cent of the population. Many live in private rented accommodation for short periods of time, moving regularly between wards in the city and often aren't aware of the council services that are available.

The Council has re-launched a website for students - www.cardiffdigs.co.uk - which provides information on a range of services from advice on accommodation, relating to bonds, contracts, tenants rights and responsibilities, to waste and recycling information.

This ranges from when to put out your rubbish, to being a good neighbour, how to register with a doctor, information on physical/mental and sexual health, drinking advice, safety in the home, as well as sustainability issues such as encouraging students not to bring their car to university, stressing the benefits of cycling and much more.

Councillor Ashley Govier, Cabinet Member for Environment, said: "Students contribute significantly to the

local economy and as they move around the city regularly, the re-launch of the website intends to be the first point of call for information on Council services. It is important that students know when their bin day is, understand that their actions do affect their neighbours and the website provides the information that they need to integrate into the local community."

Emma Robson, Student Liaison Officer for Cardiff Council, said: "The Council is committed to continuing to work with students to benefit the local community and my role is to liaise with the three universities and other external organisations to ensure that students are aware of their responsibilities and the council services available.

"Different campaigns involve working with other organisations and a key partnership is with the South Wales Police to ensure students' stay in Cardiff is safe and enjoyable."

She added: "Often when moving from halls of residence to private rented accommodation, this is the first time students live away from home in the local community and the website intends to provide the information so there is a smooth transition benefiting themselves and their neighbours."

Opening the doors to hidden Cardiff

SOME of the city's most historic and fascinating buildings are being opened up to the public as part of a special day to celebrate Cardiff's architecture and heritage.

The event, organised by the Civic Trust of Wales on behalf of the Welsh Government and supported by Cadw, gives people a unique opportunity to explore many places and buildings of historic and architectural interest that are normally closed to the public. It also allows free entry to venues that normally charge.

Among the venues taking part in the Open Doors 2013 event are several owned by Cardiff Council.

Tour of the Mansion House, Richmond Road – Saturday, September 7, 10am - 4pm. The Mansion was built in 1896 and houses an interesting collection of furniture and artefacts. Tours are available during the day. Booking is essential on 029

20871558 or
dclay@cardiff.gov.uk



City Hall, Cardiff – Saturday, September 7, 10am - 4pm. Opened in 1906 the building boasts splendid Edwardian interiors and grand staircases



with ornate balustrades that will be open to the public.

Cardiff Bay Barrage: Barrage Control Tours – Wednesday, September 11, 2pm; Thursday, September 19, 11am; Tuesday, September 24, 11am. Barrage Control is not normally open to the public. Booking essential at the Cardiff Bay Visitor Centre on 029 2087 7927.



Walking Tours in the City Centre and Cardiff Bay – Saturday, September 28.

Jim Cowan of Cardiff History and Hauntings will be offering two city centre walks; 'Heroes and Villains of Cardiff's past' -



from 9.30am - 10.30am and 'A Royal City, Jim, but not as we know it' - from 11am - 12.30pm.



Nigel Bevan of Cardiff on Foot will also be offering two walks; 'Hidden Wall' in the city centre from 11.30am - 1pm and 'Bay Ramble' from 2pm - 3.30pm. Booking essential at the Tourist Information Centre, the Old Library either in person or on 029 2087 3573.



The Cardiff Story Museum – Wednesday, September 18 and Saturday, September 21 11am - 12.30pm and 3pm - 4.30pm. Includes an exploration of the beautiful Victorian Grade II listed building. Booking essential in person, by phone 029 2078 8334 or email cardiffstory@cardiff.gov.uk.

The Norwegian Church, Cardiff Bay: Roald Dahl Day – Sunday, September 8, 11.30am - 4.30pm. To celebrate Roald Dahl Day there will be a free fun day of arts, crafts and storytelling in the church.



Other venues that are taking part in the event include Cardiff Masonic Hall in Guildford Road; Friends of Cathays Cemetery; Glamorgan Archives, Clos Parc Morgannwg; Insole Court, Fairwater Road; and BBC Cymru Wales, Broadcasting House.

For a detailed list of all events taking place in Cardiff over the month of September visit

www.civictrustwales.org/opendoors13/English/cardiff.html



It's a wrap! Fund-raising event raises money for Lord Mayor's charity

THE Nahin Spice Centre has come up with a delicious way of raising money for charity.

The restaurant in Caerphilly Road, Heath came up with the novel idea of creating a 15 foot Nahin wrap the Lord Mayor, Councillor Derrick Morgan's chosen charity - the Cardiff Food Bank.

The huge wrap consisted of chicken, lamb, prawns and vegetables, with the Lord Mayor cutting, tasting and serving the wrap to all of the event participants.

The event raised a total of £250 with all the money going to the Cardiff Food Bank.

Anyone wishing to support the charity can donate the following items to the Cardiff Food Bank and these can also be kept at Nahin Spice Centre:

Milk (UHT), cereal and porridge oats, tinned and packet soup, fruit juice (UHT Carton), pasta sauces, rice, sponge pudding (tinned), custard, tinned tomatoes, pasta / rice lentils, savoury

rice, noodles, pasta 'n' sauce, couscous, tinned vegetables, instant mash / tinned potatoes, tinned meat, tinned fish, tinned fruit, sugar, biscuits / snack bars, vegetable oil, jam, tea bags and coffee.

Alternatively people can donate by texting FOOD07 £5 to 70070 (or £1 / £2 / £3 / £4 / £10).

You will not be charged for sending the text and Cardiff Food Bank will receive all your donation.

Collective buying driving Cardiff's energy agenda

CARDIFF Council is seizing the energy agenda with an innovative collective energy buying scheme.

The Council has adopted a wide ranging energy management plan that will also involve district heating, water schemes and solar power initiatives.

The 'Cyd Cymru' collective energy buying scheme, in conjunction with the Vale of Glamorgan through the Welsh Government's Regional Collaboration Fund, brings together a group of like-minded consumers to band together and use strength in numbers to negotiate a better deal with their gas and electricity suppliers.

As a result the Council will provide a third party, not-for-profit, facilitator to achieve genuine savings for residents to combat fuel poverty.

Councillor Ashley Govier, Cabinet Member for Environment said: "With the support of the Welsh Government we are developing a model of working that will ensure the best deal for prospective participants in Wales. The immediate focus of the

project centres on Cardiff and the Vale, though the learning will be shared with everyone so the benefits will be universal.

"We also want to make sure that the scheme is not just about cheaper energy, but also more sustainable use of energy. That is why we have been working hard to develop a coordinated package of energy advice that will deliver further benefits to residents and also impact the wider sustainability aspirations of Wales."

Fuel poverty is most prevalent in more deprived areas where housing is older and less well insulated. Areas within Splott, Butetown, Adamsdown, Grangetown, Ely and other parts of Central and Southern Cardiff are most impacted.

A significant opportunity to tackle these issues has arisen which could introduce a renewable heat distribution network into the city, sourced from the Energy from Waste and Combined Heat and Power facility in Trident Park.

A coordinated solar power programme is being developed and pioneering

water schemes such as the Whitchurch-Radyr Weir are being planned, or are underway, as part of a coordinated approach to developing a sustainable energy programme for Cardiff and the region.

Councillor Govier added: "We are leaving no stone unturned in exploring the myriad of funding opportunities available as well as building links with the most renowned universities across the world to test and drive new innovations in this vital field.

"The benefits are huge and tangible – a better deal for our residents through collective buying, advice and education with smarter technological solutions such as retrofitting, renewable energy production and district heating showcasing Cardiff as an attractive city for inward investment and job creation. This administration is not just talking about sustainable energy, we are driving this forward with action, making Cardiff a pioneering city in this incredibly important agenda that affects each and every one of us."

Your ward surgeries

ADAMSDOWN

Nigel Howells.
1st & 3rd Saturday of every month
11am to 12 noon at Roath Library,
Newport Road. To request a personal
visit please contact Tel: 029 2046 5233
Manzoor Ahmed. 2nd & 4th Saturday
of the month, 10.30 - 11.30 am at Roath
Library, Newport Road.
Contact Tel: 07850 743355

BUTETOWN

Ali Ahmed. Every 2nd & 4th Saturday of
every month, 11am to 12 noon at
County Hall, Atlantic Wharf (in the
office to the left of reception).
Saturday street surgeries - 12.15pm to
1.15pm. For more details contact 07976
358696

CAERAU

Peter Bradbury and Elaine Simmons.
Saturday 7th & 21st September 2013
Saturday 5th & 19th October 2013
10am to 11am at Western Leisure
Centre, Caerau Lane. No appointment
necessary. Please contact 07973
179577 for more details.

CANTON

Richard Cook, Cerys Furlong and
Ramesh Patel. Every Saturday 10am to
11am. From 1 June 2013 for 6 months
the venue has changed to
Canton Uniting Church, Cowbridge
Road East, Cardiff CF5 1LQ.
No appointment necessary.

CATHAYS

Elizabeth Clark. First Saturday of every
month, 11am to 12noon at Cathays
Library, Fair Oak Road. Contact details:
029 20630311 or email
eclark@cardiff.gov.uk
Sam Knight, Sarah Merry and

Christopher Weaver.

1st Saturday of the month. 11am to
12noon at Cathays Community Centre,
Cathays Terrace.
All other Saturdays at Cathays Library,
Fair Oak Road.
For city centre surgeries contact
Members Services on 029 2087 2020
for details.

CREIGIAU & ST FAGANS

Graham Thomas
To book an appointment or arrange a
house call please email:
graham.thomas@cardiff.gov.uk or call
Councillor Thomas on 07805 850812 or
Members Services on 029 2087 2020.

CYNCOED

Kate Lloyd, Margaret Jones & David
Rees. 17th September at 1.00pm at
Coffee Plus, Rhydydenau Road
15th October at 10.00am at the Terra
Nova Café, The Promenade, Roath Park
For further details contact Members
Services on 029 2087 2020.

ELY

Jim Murphy, Susan Goddard and Russell
Goodway. Alternate Saturdays starting
7th September. Ely Day Centre, Grand
Avenue, Ely. Contact Members Services
on 029 2087 2020

FAIRWATER

Lisa Ford and Neil McEvoy. Every
Saturday 11.00am to 12noon at
Fairwater Library. Every Wednesday
12noon to 1.00pm at Pentreban
Community Centre. Please contact
Councillor Ford: Tel: 07891 518426
and/or Councillor McEvoy: Tel: 07966
375523. Paul Mitchell. 1st and 3rd
Saturday, 11am to 1pm - street
surgeries at various locations. 2nd and

4th Saturday 2pm to 3.30pm - fixed
surgeries at Fairwater Library. Contact
paul.mitchell@cardiff.gov.uk for further
details.

GABALFA

Ed Bridges. Thursday 5 September, 6-
7pm: North Star Pub, North Road
Thursday 3 October, 6-7pm: Heath Pub,
Whitchurch Road. Please check the
website or see local press for location
Gareth Holden. Please contact
Members Services on 029 2087 2020

GRANGETOWN

Ashley Govier, Chris (John) Lomax and
Lynda Thorne. Every Saturday from
10.30am at Grangetown Library,
Havelock Place. First Wednesday of the
month from 6pm at Channel View Flats
Community Room.

HEATH

Fenella Bowden. 1st Saturday of the
month, 10am to 11am at Birchgrove
School; and as advertised within the
ward. Contact Tel: 029 2069 2435.

Lyn Hudson. 1st Wednesday of every
month 5.30pm-6.30pm, Maes y Coed
Community Centre. Please contact Tel
No: 029 2052 2654. Graham Hinchey.
1st Monday of every month, 5.30pm -
6.30pm. Llwynfedw Gardens Bowling
Pavilion, Llwynfedw Gardens. CF14
4NW. For details of Street Surgeries
please contact Councillor Hinchey on
Mob: 07711 026044

LISVANE

David Walker. Saturday, 14th
September, 11.45am to 12.45pm, Old
School Cabin, Lisvane Or to book an
appointment please contact Councillor
Walker on 029 2076 5836

LLANDAFF

Gareth Aubrey and Kirsty Davies.
2nd Saturday of every month 12.30pm
to 1.30pm, at Llandaff Parish Hall.
4th Saturday of every month, 12noon
to 1pm at St Johns Hall, Danescourt.

LLANDEFF NORTH

Dilwar Ali and Siobhan Corria.
1st & 3rd Tuesday of each month -
5.30pm - 6.30pm Llandaff North
Library, Gabalfa Avenue, Llandaff North
2nd & 4th Thursday of each month -
10.00am - 11.00am. Gabalfa
Community Education Centre, Colwill
Road, Llandaff North

LLANISHEN

Phil Bale, Garry Hunt and Julia Magill.
Every Saturday 10am to 11am at
Cardiff North Labour Office, 13
Llangrannog Road, Llanishen. Andrew
Graham. To book an appointment or
arrange a house call please email:
Andrew.Graham@cardiff.gov.uk or call
Councillor Graham 029 2075 1364 or
Members Services on 029 2087 2020.

LLANRUMNEY

Heather Joyce, Derrick Morgan and
Keith Jones. 1st Saturday of every
month; and every Tuesday 9.30am at
Llanrumney Library, Countisbury
Avenue.

PENTWYN

Joseph Carter, Paul Chaundy, Keith
Hyde and Judith Woodman.
Alternate Fridays (School term times
only) 11.30am - 12.30pm at the
Powerhouse, Llanedeyrn
Contact 029 2054 9650; or
11.30am - 12.30pm at the Dome,
Pentwyn, Contact 029 2054 9033
No appointment necessary

PENTYRCH

Craig Williams.
To book an appointment or arrange a
house call please call 07843 233083 or
email crwilliams@cardiff.gov.uk

PENYLAN

Joe Boyle, Patricia Burfoot, and Bill

Kelloway. Friday 27th September 2013

Friday 18th October 2013 between
6 - 7pm in the Foyer, Marlborough
Primary School, Blenheim Road.

PLASNEWYDD

Daniel De' Ath, Mohammed Javed, Sue
Lent and Mary McGarry. Every
Saturday morning, 10.00am - 11.00am -
Penylan Library and Community Centre,
Ninian Road

PONTRENNAU & OLD ST MELLONS

Dianne Rees. 1st Saturday of every
month 9.30am-10.30am - Caersalem
Baptist Chapel, Ty'r Winch Road.
1st Monday of every month (except for
Bank Holidays and August) 6.00pm -
7.00pm - Pontprennau Community
Centre, Heol Pontprennau. Georgina
Phillips 1st Saturday of every month,
9.30am to 10.30am at Pontprennau
Community Church Centre, Heol
Pontprennau. 1st Saturday of every
month 11am to 12noon in the hall at
the rear of Caersalem Baptist Church,
Mill Lane, Old St. Mellons.

RADYR & MORGANSTOWN

Roderick McKerlich.
To book an appointment please call
Councillor McKerlich on 029 2084 3106
Email rmckerlich@cardiff.gov.uk

RHIWBINA

Jayne Cowan, Eleanor Sanders and
Adrian Robson. Monday 2 September
2013, 10.30am - 12.00noon at the
Rhiwbina Library, Pen-y-Dre. Thursday
10th October. 5.30pm-7pm in the Snug
of the Pantmawr Inn, Tyla Teg,
Pantmawr. <http://rhiwbinaaward.co.uk>

RIVERSIDE

Iona Gordon, Cecilia Love and Phil
Hawkins. Saturdays from 12.30 - 1.30
pm at 2, Clare Street, Riverside [Corner
with Tudor Street] No appointment
necessary

RUMNEY

Bob Derbyshire & Jacqui Parry
1st Tuesday of the month.

10am at Rumney Library, Brachdy
Road. 3rd Thursday every month
6.30pm - 7.30pm at Rumney
Community Centre, Llanstephan Road.
Contact Councillor Parry on 20796066

SPLOTT

Gretta Marshall, Luke Holland and Huw
Thomas. 1st Wednesday of the month
(except for January) 2.00pm - 3.00pm
at the Star Centre, Splott Road, Splott
CF24 2BZ. 2nd and 3rd Wednesday of
the month, from 6.00pm at Moorland
Community Centre, Moorland Road,
Splott CF24 2LG. Last Saturday of every
month Street Surgery

TROWBRIDGE

Ralph Cook, Michael Michael and
Monica Walsh. Councillors Ralph Cook
and Monica Walsh would be pleased to
see you on 1st Saturday of every month
At 10 am at St Mellons Library,
Crickhowell Road, St Mellons.
Councillor Michael Michael would be
pleased to see you on the 1st
Wednesday of every month (excluding
August & January) 9am-10am at
Trowbridge Community Centre,
Caernarvon Way, Rumney.

WHITCHURCH & TONGWYNLAIS

Jonathan Evans, Chris Davis, David
Groves & Benjamin Thomas. First
Saturday of the month, 11am to 12noon
in Whitchurch Library. Second Saturday
of the month, 11am to 12noon in
Whitchurch Community Centre. Third
Saturday of the month, 11am to 12noon
in Ararat Baptist Church, Whitchurch.
Fourth Saturday of the month, 11am to
12noon in Bethesda United Reformed
Church, Tongwynlais

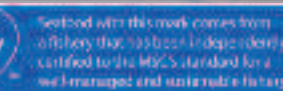
In the last two editions of Capital
Times the contact number of
Councillor Lyn Hudson in was
accidentally omitted. Capital Times
would like to apologise for any
inconvenience this has caused.

Councillors are also available by phone. Call Member Services on 2087 2020 or visit www.cardiff.gov.uk/councillors for details. Surgeries are not held on Bank Holidays.

PRIMARY SCHOOLS MENU 16 SEPTEMBER -11 OCTOBER 2013

MONDAY 16 SEPT / 07 OCT	TUESDAY 17 SEPT / 08 OCT	WEDNESDAY 18 SEPT / 09 OCT	THURSDAY 19 SEPT / 10 OCT	FRIDAY 20 SEPT / 11 OCT
Scrambled Egg and Crispy Back Bacon Scrambled Egg and Quorn Sausage V Meatball Sub Vegi Ball Sub V Sauté Potatoes Baked Beans Homemade Rice Pudding with Raisins A range of desserts to include fresh fruit, fruit salad or Yoghurts	Homemade Pasta Bolognese with Grated Cheese Homemade Pasta Napolitan with Grated Cheese V Jacket Potato filled with Cheese or Beans Garlic Bread Green Beans Raspberry Artichoke Roll with Fruit and Fruit Flapjack A range of desserts to include fresh fruit, fruit salad or Yoghurts	Homemade Chicken Tikka Homemade Vegetable Tikka V Oven Baked Fish Finger Wrap Potato Wedges Rice Mixed Vegetables Coleslaw Homemade Cornflake Crisp Muesli Cookies Cheese and Crackers A range of desserts to include fresh fruit, fruit salad or Yoghurts	Roast Turkey Sage and Onion Stuffing and Gravy Pork Sausages Quorn Sausage V Roast/New Potatoes Cabbage Carrots Coconut Slice Muesli Cookies Cheese and Crackers A range of desserts to include fresh fruit, fruit salad or Yoghurt	Oven Baked Crispy Golden Fish Cheese Egg and Potato Bake V Creamed Potatoes Garden Peas Baked Beans Apple and Strawberry Tart with Custard A range of desserts to include fresh fruit, fruit salad or Yoghurts
23 SEPTEMBER	24 SEPTEMBER	25 SEPTEMBER	26 SEPTEMBER	27 SEPTEMBER
Homemade Margherita Assorted Pizza V Jacket Potato filled with Tuna or Baked Beans Herby Diced Potatoes Baked Beans Homemade Rice Pudding A range of desserts to include Fresh fruit or Muller Yoghurts	Beefburger in a Bap Quorn Burger V Chipped Potatoes Coleslaw Tomato Sauce Homemade Banana Brownie A range of desserts to include fresh fruit, fruit salad or Yoghurts	WALLACE & GROMIT'S PASTA KING DAY Chicken Italiano Pasta Tomato and Basil Pasta V Broccoli Sweetcorn Homemade Chocolate Crunch Cookie with Apple Wedges A range of desserts to include Fresh fruit or Muller Yoghurts	Roast Pork Sage and Onion Stuffing and Gravy Homemade Corned Beef Pie Homemade Cheese and Potato Pie V Roast/New Potatoes Broccoli Carrots Fruit Jelly with Ice Cream A range of desserts to include fresh fruit, fruit salad or Yoghurts	Alaskan Salmon Bake Country Vegetable Bake V Creamed Potatoes Coleslaw Homemade Eves Pudding with Custard A range of desserts to include Fresh fruit or Muller Yoghurts
30 SEPTEMBER	01 OCTOBER	02 OCTOBER	03 OCTOBER	04 OCTOBER
Meatballs in Gravy Meatballs in Tomato Sauce with Grated Cheese Vegi Balls in Gravy V Sardines on Toast with Salad Creamed Potatoes Garden Peas Homemade Apple and Mango Crumble with Custard Fruit Cake Cheese and Crackers A range of desserts to include fresh fruit, fruit salad or yoghurts	Pepperoni Pasta Bake Vegetarian Pasta Bake V Garlic Bread Jacket Potato filled with Tuna or Cheese Sweetcorn Baked Beans Peaches with Ice Cream Cheese and Crackers A range of desserts to include fresh fruit, fruit salad or yoghurts	Homemade Chicken Korma Homemade Vegetable Korma V Oven Baked Crispy Golden Fish Rice Creamed Potatoes Green Beans Tomato Sauce Homemade Lemon Drizzle Sponge Muesli Cookies Cheese and Crackers A range of desserts to include fresh fruit, fruit salad or yoghurts	Roast Beef Pork Sausages Gravy Cheese Vegetable Pastry V Roast/New Potatoes Broccoli Carrots Fruit Yoghurt Muesli Cookies Cheese and Crackers A range of desserts to include fresh fruit, fruit salad or yoghurts	Oven Baked Fish Fingers Cheesy Beans on Toast V Cajun Potatoes New Potatoes Garden Peas Baked Beans Coleslaw Fruit Sponge with Custard Muesli Cookies A range of desserts to include fresh fruit, fruit salad or yoghurts

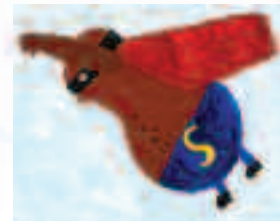
Fresh salad, extra bread and an extra piece of fruit are offered daily.
V This is a vegetarian product or a vegetarian version is available. Please note
that different term dates may apply. This menu represents our full range of
meals, your school may have requested a smaller selection.



CONGRATULATIONS

The winners of our Superhero
competition have won a Potato
Story Assembly for their schools

Birchgrove Primary School



Moorland Primary School



Ysgol Pen y Groes



Capital Notice...



For more information go to www.cardiff.gov.uk or call C2C on 2087 2087

Public Notices

NEW TRAFFIC PROPOSALS FOR THE CITY AND COUNTY OF CARDIFF

Notice is hereby given that on the 13th September, 2013 the County Council of the City and County of Cardiff in exercise of its powers under the Road Traffic Regulation Act 1984 (as amended), Part 6 of the Traffic Management Act 2004 as amended and The Civil Enforcement of Parking Contraventions (City and County of Cardiff) Designation Order 2010, and of all other enabling powers made an Order the general effect of which is to impose traffic restrictions in the lengths of road set out in the Schedule below. The title of the Order is also described in the said Schedule.

Where applicable, the cost of a permit will be in accordance with the County Council of the City and County of Cardiff (On Street Parking Places) (Charges) Order 1999 which are for the time being:-

Application per Address per Financial year	Fee Charged per permit issued
1st	£5
Visitor	£5
2nd	£30

The Order will come into operation on the 23 September, 2013 and copies of the Order and plans showing the affected areas are available at the address shown below, where they may be examined between the hours of 9.00 a.m.-1.00 p.m. and 2.00 p.m. – 5.00 p.m. Monday to Friday.

If you wish to question the Order’s provisions or validity on the grounds that they are not within the powers conferred by the Road Traffic Regulation Act 1984 or on the ground that any requirement of, or any instrument made under the Act, has not been complied within in relation to the Order, you may, within six weeks from the 13 September, 2013 apply to the High Court for this purpose.

Schedule

1. THE COUNTY COUNCIL OF THE CITY AND COUNTY OF CARDIFF (LLANDAFF ROAD, CARDIFF) (LIMITED WAITING) ORDER 2013 will amend the existing restrictions on Llandaff Road and; (i) remove the existing limited waiting restrictions in Llandaff Road which currently prevents you from leaving your vehicle for more than 1 hour (return prohibited within 2 hours) Monday – Saturday between the hours of 8.00am – 6.30pm, on its east side from a point 7 metres south of its junction with Gray Street, Cardiff for a distance of 24 metres south and; (ii) prevent you from leaving your vehicle for more than 1 hour (return prohibited within 2 hours) Monday – Saturday between the hours of 8.00am and 6.30pm in Llandaff Road, on its north east side from a point 62 metres south east of its junction with Gray Street for a distance of 24 metres south east.
2. THE COUNTY COUNCIL OF THE CITY AND COUNTY OF CARDIFF (BRTIANNIA QUAY, CARDIFF) (PROHIBITION OF WAITING) ORDER 2013 will prevent you from leaving your vehicle at any time in Britannia Quay on its north east side from a point 119 metres south east of its junction with Pierhead Street for a distance of 7 metres south east and on its north east

side from a point 140 metres south east of its junction with Pierhead Street for a distance of 3 metres south east.

3. THE COUNTY COUNCIL OF THE CITY AND COUNTY OF CARDIFF (AUSTRALIA ROAD (WITHIN THE CLOSED END), CARDIFF) (PROHIBITION OF WAITING) ORDER 2013 will amend the existing restrictions in Australia Road and prevent you from leaving your vehicle at any time on its north west side from its closure point for a distance of 12 metres south west (to a point where it meets the resident parking bay on its south east side).
4. THE COUNTY COUNCIL OF THE CITY AND COUNTY OF CARDIFF (AUSTRALIA ROAD, CARDIFF) (PROHIBITION OF DRIVING AMENDMENT) ORDER 2013 will: (i) revoke the existing prohibition of driving in New Zealand Road, at a point 30 metres north east its junction with North Road; and Canada Road, at a point 50 metres north east of its junction with North Road; and Australia Road, at a point 40 metres north east of its junction with North Road; and Newfoundland Road, at a point 40 metres north east of its junction with North Road; and Pen-y-Bryn Road, at a point 75 metres north east of its junction with North Road; and (ii) to prevent you from driving any motor vehicle in New Zealand Road, at a point 30 metres north east its junction with North Road; and Canada Road, at a point 50 metres north east of its junction with North Road; and Australia Road, at a point 40 metres north east of its junction with North Road; and Newfoundland Road, at a point 40 metres north east of its junction with North Road; and Pen-y-Bryn Road, at a point 75 metres north east of its junction with North Road.
5. THE COUNTY COUNCIL OF THE CITY AND COUNTY OF CARDIFF (PHILIP STREET CAR PARK, CARDIFF) (SHARED USE CYCLE FOOTWAY) ORDER 2013 will prevent you from driving any vehicle other than a non mechanically propelled pedal cycle to proceed within the footway of Philip Street Car Park, within the footway located on the south west side of Philip Street Car Park from the access road linking Leckwith Road with The Philip Street Car Park for a distance of 45 metres south east (behind the Community Hall).
6. THE COUNTY COUNCIL OF THE CITY AND COUNTY OF CARDIFF (LEWIS STREET/MANDEVILLE PLACE, CARDIFF) (SHARED USE CYCLE FOOTWAY) ORDER 2013 will prevent you from driving any vehicle other than a non mechanically propelled pedal cycle to proceed within the footway on Mandeville Place (within the closed end) at its junction with Lewis Street, across the closure and footway and on both sides for a distance of 9 metres south east and Lewis Street, on its east side from a point 3 metres north of its junction with Mandeville Place to a point 5 metres south of the same junction.
7. THE COUNTY COUNCIL OF THE CITY AND COUNTY OF CARDIFF (WYNDHAM STREET/MANDEVILLE PLACE, CARDIFF) (PROHIBITION OF DRIVING AMENDMENT) ORDER 2013 will: (i) revoke the existing driving restrictions in Wyndham Street at its junction with Heath Street, West Side, Cardiff and Mandeville Place at its junction with Lewis Street; and (ii) prevent you from driving any motor vehicle in Wyndham Street at its junction with Heath Street, West Side, Cardiff and Mandeville Place at its

junction with Lewis Street, Cardiff.

8. THE COUNTY COUNCIL OF THE CITY AND COUNTY OF CARDIFF (GREEN STREET, CARDIFF) (PROHIBITION OF DRIVING AMENDMENT) ORDER 2013 will; (i) prevent you from driving any motor vehicle in Green Street (within the closed end) and (ii) revoke the existing restrictions within Green Street (within the closed end) .
9. THE COUNTY COUNCIL OF THE CITY AND COUNTY OF CARDIFF (CRADDOCK STREET, CARDIFF) (SHARED USE CYCLE FOOTWAY) ORDER 2013 will to prevent you from driving any vehicle other than a non mechanically propelled pedal cycle to proceed within Craddock Street (within the closed end) across the closed end of Craddock Street situated on the east side of its junction with Trevethick Street for a distance of 5 metres east
10. THE COUNTY COUNCIL OF THE CITY AND COUNTY OF CARDIFF (CRADDOCK STREET, CARDIFF) (PROHIBITION OF DRIVING AMENDMENT) ORDER 2013 will: i) revoke the existing prohibition of driving restrictions in Craddock Street, Cardiff at its junction with Trevithick Street, Cardiff and ii) prevent you from driving any motor vehicle in Craddock Street, Cardiff at its junction with Trevethick Street.
11. THE COUNTY COUNCIL OF THE CITY AND COUNTY OF CARDIFF (WYNDHAM STREET/CRADDOCK STREET, CARDIFF) (SHARED USE CYCLE FOOTWAY) ORDER 2013 will prevent you from driving any vehicle other than a non mechanically propelled pedal cycle to proceed within the footway of Wyndham Street and Craddock Street between the closed junction of Wyndham Street and Craddock Street for a distance of 13 metres northwest.
12. THE COUNTY COUNCIL OF THE CITY AND COUNTY OF CARDIFF (WYNDHAM STREET/CRADDOCK STREET, CARDIFF) (PROHIBITION OF DRIVING AMENDMENT) ORDER 2013 will; (i) remove the existing prohibition of driving restrictions in Wyndham Street, Cardiff at its junction with Craddock Street, Cardiff and in Craddock Street, Cardiff on the east side of its junction with Telford Street, Cardiff and; (ii) prevent you from driving any motor vehicle in Wyndham Street, Cardiff at its junction with Craddock Street Cardiff.
13. THE COUNTY COUNCIL OF THE CITY AND COUNTY OF CARDIFF (CRADDOCK STREET/BRUNEL STREET, CARDIFF) (SHARED USE CYCLE FOOTWAY) ORDER 2013 will prevent you from driving any vehicle other than a non mechanically propelled pedal cycle to proceed within the footway on Brunel Street (within the closed end) within the northern closed end of Brunel Street from its junction with Craddock Street for a distance of 2 metres south and Craddock Street on its south side from a point 5 metres east of its junction with Brunel Street to a point 2 metres west of the same junction.
14. THE COUNTY COUNCIL OF THE CITY AND COUNTY OF CARDIFF (LITTLETON STREET/NINIAN PARK ROAD, CARDIFF) (SHARED USE CYCLE FOOTWAY) ORDER 2013 will prevent you from driving any vehicle other than a non mechanically propelled pedal cycle to proceed within the footway of Littleton Street, within the closed end of Littleton Street from its junction with Ninian Park Road for a distance of 4 metres north.

15. THE COUNTY COUNCIL OF THE CITY AND COUNTY OF CARDIFF (LITTLETON STREET/NINIAN PARK ROAD/KINGSTON ROAD, CARDIFF) (PROHIBITION OF DRIVING AMENDMENT) ORDER 2013 will: i) remove the existing restrictions in Littleton Street from its junction with Ninian Park Road for a distance of 3 metres north and Kingston Road from its junction with Ninian Park Road for a distance of 3 metres north; and ii) prevent you from driving any motor vehicle in Littleton Street from its junction with Ninian Park Road for a distance of 3 metres north and Kingston Road from its junction with Ninian Park Road for a distance of 3 metres north.
16. THE COUNTY COUNCIL OF THE CITY AND COUNTY OF CARDIFF (FITZHAMON EMBANKMENT/TUDOR STREET) (SHARED USE CYCLE FOOTWAY) ORDER 2013 will prevent you from driving any vehicle other than a non mechanically propelled pedal cycle to proceed within the footway of Fitzhamon Embankment within the southwest footway of Fitzhamon Embankment, from its junction with Tudor Street for a distance of 24 metres northwest and within the footway of Tudor Street within the north footway of Tudor Street, from its junction with Fitzhamon Embankment for a distance of 24 metres west.
17. THE COUNTY COUNCIL OF THE CITY AND COUNTY OF CARDIFF (COWBRIDGE ROAD EAST, CARDIFF) (SHARED USE CYCLE FOOTWAY) ORDER 2013 will prevent you from driving any vehicle other than a non mechanically propelled pedal cycle to proceed within the footway of Cowbridge Road East, on its north east footway of Cowbridge Road East, from its junction with Mayfield Avenue for a distance of 12 metres south east and on its south west footway of Cowbridge Road East, from its junction with Mayfield Avenue for a distance of 10 metres east to its junction with Riverside Terrace
18. THE COUNTY COUNCIL OF THE CITY AND COUNTY OF CARDIFF (WESTERN AVENUE/EASTERN AVENUE, CARDIFF) (30 AND 40 MPH SPEED RESTRICTION) ORDER 2013 will: (i) remove the existing speed restrictions in Western Avenue on its northern off slip road leading from the trunk road which extends from a point 82 metres north east of its junction with Aberporth Road, Cardiff for a distance of 520 metres north east and impose a 40mph speed restriction in Western Avenue on the northern off slip road leading from western Avenue which extends from a point 82 metres north east of its junction with Aberporth Road, Cardiff to a distance of 520 metres north east and impose a 40mph speed restriction in Western Avenue on the northern off slip road leading from the roundabout junction with Gabalfa Interchange for a distance of 122 metres north east and on the A48 Eastern Avenue (Westbound Off Slip) from the roundabout junction with Gabalfa Interchange for a distance of 167 metres north east.
19. THE COUNTY COUNCIL OF THE CITY AND COUNTY OF CARDIFF (NORTH MORGAN STREET, CARDIFF) (PROHIBITION OF DRIVING AMENDMENT) ORDER 2013 will: (i) revoke the existing prohibition of driving in North Morgan Street, from its junction with Cowbridge Road East, Cardiff for a distance of 3 metres

- southwards; and (ii) to prevent you from driving any motor vehicle in North Morgan Street, from its junction with Cowbridge Road East, Cardiff for a distance of 3 metres southwards.
 20. THE COUNTY COUNCIL OF THE CITY AND COUNTY OF CARDIFF (NORTH MORGAN STREET, CARDIFF) (SHARED USE CYCLE FOOTWAY) ORDER 2013 will be to prevent you from driving any vehicle other than a non mechanically propelled pedal cycle to proceed within North Morgan Street (within the closed end) within the northern closed end of North Morgan Street from its junction with Cowbridge Road East for a distance of 4 metres south
 21. THE COUNTY COUNCIL OF THE CITY AND COUNTY OF CARDIFF (SOUTHEY STREET, CARDIFF) (RESIDENTS PARKING PLACES) ORDER 2013 will be to establish Residents Parking Place (between the hours of 8.00am. and 10.00pm. daily) in Southey Street, Cardiff on its south east side from a point 35 metres south west of its junction with Wordsworth Avenue for a distance of 23 metres south west.
 22. THE COUNTY COUNCIL OF THE CITY AND COUNTY OF CARDIFF (TROWBRIDGE MAWR: CATH COB CLOSE/ELLESMERE COURT/GRESFORD CLOSE/MALLARD CLOSE/ROSSETT CLOSE/TARWICK DRIVE, CARDIFF) (20 MPH SPEED RESTRICTION) ORDER 2013 will impose a 20mph speed restriction along the following lengths of road:- i) Cath Cob Close – throughout its length ii) Ellesmere Court - throughout its length iii) Gresford Close – throughout its length iv) Mallard Close – throughout its length v) Rosset Close – throughout its length vi) Tanwick Drive – throughout its length
- Dated this 16th day of September, 2013. ELIZABETH WEALE, Operational Manager and Authorised Signatory for Legal & Democratic Services, County Hall, Atlantic Wharf, Cardiff CF10 4UW
-
- NEW TRAFFIC PROPOSAL FOR THE CITY AND COUNTY OF CARDIFF**
- The County Council of the City and County of Cardiff in exercise of its powers under the Road Traffic Regulation Act 1984 (as amended), Part 6 of the Traffic Management Act 2004 as amended and The Civil Enforcement of Parking Contraventions (City and County of Cardiff) Designation Order 2010, and of all other enabling powers proposes to make Orders the general effects of which is to impose traffic restrictions in the lengths of road set out in the Schedule below. The title of the proposed Orders and its proposed effects are also described in the said Schedule.
- Exemptions will be permitted for the following reasons:- (a) boarding and alighting from a vehicle; (b) loading and unloading of goods; (c) essential services and funerals; (d) for a maximum period of three hours vehicles when displaying a “Disabled Badge” and being used for the conveyance of disabled persons.
- No more than 3 permits will be issued per property (one of which being a Visitor Permit) and the cost of such permits will be in accordance with the County Council of the City and County of Cardiff (On Street Parking Places) (Charges) Order 1999 which are for the time being:-

Application per Address per Financial year	Fee Charged per permit issued
1st	£5
Visitor	£5
2nd	£30

Full details of the proposals may be seen at the address below during normal office hours. Any objections you may have to the proposals must be submitted to me in writing by the 21st day of October, 2013 and must contain the grounds on which you object. Please note: Any objections received may be made available to interested third parties.

Schedule

1. THE COUNTY COUNCIL OF THE CITY AND COUNTY OF CARDIFF (IPSWICH ROAD, PENYLAN, CARDIFF) (PROHIBITION OF WAITING) ORDER 2013 proposes preventing you from leaving your vehicle at any time in Ipswich Road on its south east side from a point 305 metres north east of its junction with Colchester Avenue for a distance of 85 metres north east.
 2. THE COUNTY COUNCIL OF THE CITY AND COUNTY OF CARDIFF (MARLBOROUGH TERRACE, CATHAYS, CARDIFF) (PROHIBITION OF WAITING) ORDER 2013 proposes preventing you from leaving your vehicle at any time in Marlborough Terrace on its north west side from a point 30 metres south west of its junction with North Road to its closed end and from that point for a distance of 5 metres south east and; on its south east side from a point 46 metres south west of its junction with North Road to its closed end
 3. THE COUNTY COUNCIL OF THE CITY AND COUNTY OF CARDIFF (BUTE STREET, BUTETOWN, CARDIFF) (PROHIBITION OF WAITING) ORDER 2013 proposes preventing you from leaving your vehicle at any time in Bute Street on its north east side from a point 90 metres north west of its junction with Hemingway Road to a point 40 metres south east of the same junction and; on its south west side from a point 43 metres north west of its junction with West Close in a south easterly direction to its junction with West Bute Street.
 4. THE COUNTY COUNCIL OF THE CITY AND COUNTY OF CARDIFF (NINIAN PARK ROAD, RIVERSIDE, CARDIFF) (PROHIBITION OF WAITING) ORDER 2013 proposes preventing you from leaving your vehicle at any time in Ninian Park Road on its south side, from a point 1 metre west of the common boundary of numbers 203 and 205 Ninian Park Road in a south westerly direction to its junction with Leckwith Road and; on its north west side from its junction with Leckwith Road for a distance of 47 metres north east and; on its north west side from its junction with Kitchener Road for a distance of 7 metres south west
 5. THE COUNTY COUNCIL OF THE CITY AND COUNTY OF CARDIFF (NINIAN PARK ROAD, RIVERSIDE, CARDIFF) (RESIDENTS PARKING PLACES) ORDER 2013 proposes making an Order the general effect of which will be to establish Residents Parking Place (between the hours of 8.00am. and 10.00pm. daily) in Ninian Park Road on its north west side from a point 63 metres north east of its junction with Leckwith Road for a distance of 30 metres north east.
- Dated the 16th day of September, 2013 ELIZABETH WEALE, Operational Manager and Authorised Signatory for Legal & Democratic Services, County Hall, Atlantic Wharf, Cardiff CF10 4UW

Saddle up for the Cardiff to Brecon Cycle Challenge

A new cycle event is coming to Cardiff this autumn and participants are invited to sign up now.

The Castles and Cathedrals Sportive is a Cardiff to Brecon cycle challenge starting from Fairwater Leisure Centre on October 6 and is organised by Shelter Cymru with support from Active Cardiff.

The event which is aimed at regular cyclists as a test before the winter months, is unique as it both starts and finishes in the city, with a route which allows riders to pass through Pontypridd, Porth, Maerdy, Aberdare, Penderyn and on to the halfway point in Brecon. The return journey takes in Merthyr Tydfil and the towns down through the valley.

The Castles and Cathedrals Sportive is a total distance of 148 kilometres and climbs totalling over 2,000 metres.

It looks to challenge its riders and takes its name from the history and scenery which it passes.

The event, supported by Active Cardiff, will offer participants the use of facilities at Fairwater Leisure Centre before and after the event, including car parking, changing facilities, an indoor registration area and the opportunity to have a hot meal at the end.

Cabinet Member for Sport, Leisure and Culture, Councillor Ramesh Patel said: “Cardiff plays host to a diverse range of friendly and competitive sports and I am thrilled that this new event is coming to the city, giving cyclists the opportunity to take part in an organised ride which looks set to take on some spectacular views on the way.

“Active Cardiff is excited to



• (L-R) Debbie Turner, Manager at Fairwater Leisure Centre, Andrew Jones of Shelter Cymru and Ewan West, Head Mechanic and Steve Owen, Area Manager of Tredz.

be associated with the event, and as the largest leisure provider in Cardiff, offers 15 facilities for potential participants to train at in the run up to the event.”

Andrew Jones of Shelter Cymru said: “We believe there is an opportunity to raise some valuable funds and raise awareness of our work by holding this sportive. Already within South Wales

there are a couple of rides which attract interest from all over the UK.

“None however start and finish in Cardiff and the other rides happen early in the year. This test is aimed at those riders looking for a final quality end of season ride.”

• Full details can be obtained by visiting www.castlesandcathedrals.org.uk



EACH month the Capital Times will feature an object that The Cardiff Story has in its collection but need our readers’ help to solve its mysteries.

The Cardiff Story Museum is interested in hearing from anyone who was involved in the National Hospital Service Reserve (NHSR).

The NHSR was established in 1949 in response to the growing tensions between the West and the Soviet Union. The NHSR consisted of volunteers who would be called upon in the event of a nuclear attack.

Arran Rees, Curator at the Cardiff Story Museum explained: “We’ve recently had National Hospital Service Reserve armbands given to us that had come from a hospital in Cardiff but the donor did not

know anything about them. We’d love to hear from anyone who volunteered for the NHSR in Cardiff.”

Meanwhile the Cardiff Story Museum would like to say a big thank you to our readers for helping them identify the weighing scales shown in the August edition of the Capital Times.

Samantha Heale, Collection Assistant at the Cardiff Story Museum, said: “We’ve had a great response for the public and are very grateful for the information they have provided.

“We’ve been told that the scales would have been used in a butcher’s and The Cardiff Scale Company, owned by Mr Rigby and Mr Gibbon, was based at Cardiff Airport, Tremorfa. The Cardiff Scale Company refurbished scales and then sold them on.”

• If you have any information or stories please contact the Cardiff Story Museum on 029 2087 1030 or email cardiffstory@cardiff.gov.uk



Public Notices

NEW TRAFFIC RESTRICTIONS FOR THE CITY AND COUNTY OF CARDIFF

Notice is hereby given that on 13th September, 2013 the County Council of the City and County of Cardiff in exercise of its powers under the Highways Act 1980, the Road Traffic Regulation Act 1984 (as amended), Part 6 of the Traffic Management Act 2004 as amended and The Civil Enforcement of Parking Contraventions (City and County of Cardiff) Designation Order 2010, and of all other enabling powers made a number of Orders the general effect of which is to impose traffic restrictions in the lengths of road set out in the Schedule below. The titles of the Orders are also described in the said Schedule.

Where relevant, the cost of a permit will be in accordance with the County Council of the City and County of Cardiff (On Street Parking Places) (Charges) Order 1999 which are for the time being:-

Application per Address per Financial year	Fee Charged per permit issued
1st	£5
Visitor	£5
2nd	£30

The Orders will come into operation on the 23 September, 2013 and copies of the Orders and plans showing the affected areas are available at the address shown below, where they may be examined between the hours of 9.00 a.m. – 1.00 p.m. and 2.00 p.m. – 5.00 p.m. Monday to Friday.

If you wish to question the Order’s provisions or validity on the grounds that they are not within the powers conferred by the Road Traffic Regulation Act 1984 or on the ground that any requirement of, or any instrument made under the Act, has not been complied within in relation to the Order, you may, within six weeks from the 13 September, 2013 apply to the High Court for this purpose.

Schedule

1. The County Council of the City and County of Cardiff (Lawrenny Avenue,

Cardiff) (Prohibition of Driving and parking on grass verges) Order 2013 will prevent you from driving and parking any motor vehicle in Lawrenny Avenue, on both sides, on grass verges throughout its length.

2. The County Council of the City and County of Cardiff (White Barn Road) (Prohibition of Through Traffic) 1970 (Amendment Order) 2013 will allow non mechanically propelled pedal cycles to enter or leave White Barn Road at a point 40 metres north west of its junction with Ty Glas Road in the City and County Borough of Cardiff.

3. The County Council of the City and County of Cardiff (White Barn Road, Cardiff) (Prohibition of Waiting) Order 2013 will prevent you from leaving your vehicle at any time in White Barn Road, on the north side of the road closure between 3 and 4 White Barn Road on both sides and around the closed end junction for a distance of 7.5 metres north west, and on its south west side from its junction with Ty Glas Road for a distance of 10 metres north west, and on its south west side from a point 30 metres north west of its junction with Ty Glas Road for a distance of 10 metres north west (to the closed end) and on its north east side from its junction with Ty Glas Road to the closed end junction with White Barn Road an around the closed end junction of the southern side of White Barn Road.

4. The County Council of the City and County of Cardiff (Aquila Court/Conway Road, Cardiff) (Prohibition of Waiting) Order 2013 will prevent you from leaving your vehicle at any time in:-
(i) Aquila Court, on both sides from its junction with Conway Road for a distance of 7 metres east; and
(ii) Conway Road, on its east side from a point 7 metres north of its junction with Aquila Court to a point 7 metres south of the same junction.

5. The County Council of the City and County of Cardiff (Church Road (Old St Mellon’s), Cardiff) (Prohibition of Waiting) Order 2013 will prevent you from leaving your vehicle at any time in Church Road (Old St Mellon’s) on both sides from its junction with Pentwyn Link Road/Church Road roundabout for a distance of 90 metres east.

6. The County Council of the City and County of Cardiff (Ty – Wern Road/Fairfax Road, Cardiff) (Prohibition of Waiting) Order 2013 will amend the existing waiting restrictions on Ty-Wern Road and Fairfax Road, to

(i) prevent you from leaving your vehicle between the hours of 8.00am and 6.00pm Monday – Saturday in Ty-Wern Road, on the south side, from its junction with Caerphilly Road to a point 7 metres east of its junction with Fairfax Road and;
(ii) prevent you from leaving your vehicle at any time in Ty-Wern Road, on its south side from a point 7 metres east of its junction with Fairfax Road to a point 7 metres west of the same junction and;
(iii) prevent you from leaving your vehicle at any time in Fairfax Road, on both sides from its junction with Ty-Wern Road for a distance of 7 metres south.

7. The County Council of the City and County of Cardiff (Cowbridge Road East, Cardiff) (Goods Vehicle Parking Place) Order 2013 will;

(i) create a Goods Vehicle Parking Place Monday to Saturday (between the hours of 9.00am and 5.00pm – Waiting for Goods Vehicles limited to 1 hour return prohibited within 1 hour) in Cowbridge Road East on its north side from a point 45 metres west of its junction with Severn Road for a distance of 25 metres west; and
(ii) revoke the existing Goods Vehicle Parking Place Monday to Saturday (between the hours of 9.00am and 5.00pm – waiting for Goods Vehicles limited to 1 hour return prohibited within 1 hour) in Cowbridge Road East on its north side from a point 8 metres west of the western flank wall of No. 132 Cowbridge Road East to a point 3 metres west of the common boundary of Nos 138 and 40 Cowbridge Road East.

8. The County Council of the City and County of Cardiff (Wyncliff Gardens, Cardiff) (Prohibition of Waiting) Order 2013 will prevent your vehicle from waiting at any time in Wyncliff Gardens; On both sides from its junction with Wyncliff Road for a distance of 12 metres south east and;
On both sides from a point 36 metres north east of the T Junction between No 310 & No 63 Wyncliff Gardens for a distance of 32 metres north east (across the roundabout) and;
On both sides from a point 78 metres

south east of its junction with Wyncliff Road for a distance of 35 metres south east (across the roundabout) and;

On both sides of the T-Junction situated between No10 & No38 Wyncliff Gardens for a distance of 5 metres south west and;
On the south west side of the T-Junction situated between No10 & No38 from a point 10 metres north west to a point 10 metres south east of the same junction and;

On both sides of the T-Junction situated between No 310 & No 63 Wyncliff Gardens for a distance of 8 metres north east and;

On the north east side of the T-Junction situated between No 310 & No63 Wyncliff Gardens from a point of 8 metres north west to a point 8 metres south east of the same junction and;

On the corner junction situated adjacent to 141 Wyncliff Gardens on its south west side for a distance of 15 metres north west and on its north west side for a distance of 10 metres south west and;
On the corner junction situated adjacent to 150 Wyncliff Gardens on its north east side for a distance of 10 metres north west and on its north west side for a distance of 10 metres north east and;

On the corner junction situated adjacent to 153 Wyncliff Gardens on its south west side for a distance of 10 metres south east and on its south east side for a distance of 6 metres south west; and
On both sides of the T-Junction situated between No310 Wyncliff Gardens & Wyncliff Gardens Recreational Area for a distance of 7 metres North West and;

On the north west side of the T-Junction situated between No310 Wyncliff Gardens & Wyncliff Gardens Recreational Area from a point 7 metres north east to a point 7 metres south west of the same junction and;
On both sides of the T-Junction situated between No 182 & No 156 Wyncliff Gardens for a distance of 7 metres south east and;

On the south east side of the T-Junction situated between No182 & No 156 Wyncliff Gardens from a point 7 metres north east to a point 7 metres south west of the same junction and;
On both sides of the T-Junction situated between No250 & No 299 Wyncliff Gardens for a distance of 7 metres north west and;

On the North West side of the T-Junction situated between No250 & No 299 Wyncliff Gardens from a point 7 metres

north east to a point 7 metres south west of the same junction.

9. The County Council of the City and County of Cardiff (Allensbank Road, Cardiff) (Residents Parking Places) Order 2013 will establish Residents Parking Places (between the hours of 8.00am and 10.00pm daily) in Allensbank Road, on its west side from a point 38 metres north of its junction with King George V Drive East for a distance of 38 metres north.

10. The County Council of the City and County of Cardiff (Allensbank Road, Cardiff) (Prohibition of Waiting) (No. 2) Order 2013 will amend the existing restrictions and prevent you from leaving your vehicle at any time in Allensbank Road;

(i) on its east side from its junction with Heath Park Avenue to a point 103 metres south of its junction with Wedal Road and;
(ii) on its west side from a point 15 metres south of its junction with Clodien Avenue to a point 38 metres north of its junction with King George V Drive East.

11. The County Council of the City and County of Cardiff (King George V Drive East, Cardiff) (Shared Pedestrian Cycleway) Order 2013 will prevent you from driving any vehicle other than a non mechanically propelled pedal cycle to proceed within the footway from a point 65 metres west of its junction with Allensbank Road for a distance of 12 metres north west of its junction with King George V Drive East (Hospital Access Road) for a distance of 10 metres north to its junction with King George V Drive East (across the closed end).

12. The County Council of the City and County of Cardiff (Mortimer Road/William Street/Severn Grove, Cardiff) (Prohibition of Waiting) (No.2) Order 2013 will amend the existing restrictions and prevent you from leaving your vehicle at any time in;
(i) Mortimer Road, on its south east side from a point 10 metres north east of its junction with Severn Grove to a point 18 metres south west of the same junction and on its north west side from its junction with William Street for a distance of 7 metres north east.

(ii) William Street, on its north east side from its junction with Mortimer Road for a distance of 7 metres north west.

(iii) Severn Grove, on both sides from its junction with Mortimer Road for a

distance of 10 metres south east.

13. The County Council of the City and County of Cardiff (Rhydheilig Avenue, Cardiff) (Prohibition of Waiting/Loading) (No 2) Order 2013 will be to remove the existing waiting restrictions;

(i) in Rhydheilig Avenue that prevent you from leaving your vehicle between the hours of 7.45am and 6.00pm Monday to Friday (with no Loading/Unloading between 7.45am – 9.15am and between 4pm – 6pm Monday to Friday) in Rhydheilig Avenue on its south side from a point 40 metres east of its junction with Caerphilly Road to a point 10 metres west of its junction with St Helens Road and;
(ii) prevent you from leaving your vehicle at any time Monday to Friday (with no Loading/Unloading between 7.45am and 9.15am and between 4pm and 6pm Monday to Friday) in Rhydheilig Avenue on its south side from its junction with Caerphilly Road for a distance of 40 metres east and from its junction with St Helens Road for a distance of 10 metres west

The County Council of the City and County of Cardiff (Rhydheilig Avenue, Cardiff) (Prohibition of Waiting/Loading) (No 2) Order 2013 will be to amend the existing restrictions and prevent you from leaving your vehicle in;

(i) Rhydheilig Avenue between the hours of 7.45am and 6.00pm Monday to Friday (with no Loading/Unloading between 7.45am – 9.15am and between 4pm – 6pm Monday to Friday) in Rhydheilig Avenue on its south side from a point 40 metres east of its junction with Caerphilly Road to a point 10 metres west of its junction with St Helens Road; and
(ii) prevent you from leaving your vehicle at any time (with no Loading and Unloading between 7.45am and 9.15am and between 4pm and 6pm Monday to Friday) in Rhydheilig Avenue on its south side from its junction with Caerphilly Road for a distance of 40 metres east and from its junction with St Helens Road for a distance of 10 metres west.

Dated this 16th day of September, 2013. ELIZABETH WEALE, Operational Manager and Authorised Signatory for Chief Officer Legal and Democratic Services Officer, County Hall, Atlantic Wharf, Cardiff CF10 4UW

Apply for Free School Meals

THE Council is encouraging families who qualify for Free School Meals to ensure they don't miss out on their entitlement.

Eligibility for Free School Meals is now assessed by the Council's Benefits service, alongside housing benefit and council tax reduction using a single application form, making the process easier for families who fulfil the relevant criteria.

Free School Meals are available to pupils whose parents/guardians are in receipt of either Income Support, Job Seekers Allowance (income based), Employment Support Allowance (income related), Pension Credit (guarantee credit) or who are receiving Child Tax Credit with a household income of

£16,190 or less. Working Tax Credit is not a qualifying benefit.

There are over 1,000 children in Cardiff who are entitled to Free School Meals but do not claim them and so the Council is keen to ensure that everyone who can, receives their meals.

Cabinet Member for Community and Neighbourhood Regeneration and Social Justice, Councillor Lynda Thorne, said: "School meals are a good way to ensure children eat well during the school day, providing them with a healthy, nutritionally-balanced lunch. We know that a considerable number of children across the city are missing out on their entitlement to a free meal so during the current

economic climate when more and more people are feeling the pinch, we are keen to hear from families on low incomes or in receipt of certain benefits to increase uptake.

"It's now even easier to apply for Free School Meals as the new application form is more accessible and effectively is a 'one stop shop' for parents also applying for housing benefit and council tax reduction."

• Advice and help on how to apply for Free School Meals is available in person at community hubs around the city or by contacting the benefits team on 029 2087 2873, email: freeschoolmeals@cardiff.gov.uk or by writing to Benefits Section, Freepost CF429, PO Box 6000, Cardiff CF11 0WZ.



✂

COMPLETE THIS FORM TO CLAIM **FREE SCHOOL MEALS** FOR YOUR CHILDREN.

▶ **Part 1 – Your Details**

NAME (INCLUDING TITLE):

DATE OF BIRTH:

NATIONAL INSURANCE NUMBER:

ADDRESS:

PHONE NUMBER:

You must be entitled to one of the following for your children to have Free School Meals

- Income Support
- Job Seekers Allowance (Income Based)
- Employment Support Allowance (Income Related)
- Pension Credit (Guarantee Credit)
- Child Tax Credit with annual income of less than £16,190.

If you receive Working Tax Credit you will not be entitled to Free School Meals for your child even if you also receive one of the benefits listed above

▶ **Part 2 – Your Children's Details**

Your relationship to the child. Eg. Mother	Full name of your child	Date of birth	Name of School	Male / female

If you have more than four children please tell us about them on a separate piece of paper. You must tell the Benefits Section about any changes in your circumstances that could change the amount you receive.

You can tell us by phone, in person, or in writing. If you tell us by phone we can deal with the change much faster. Please also leave your telephone number with us, so we can contact you quickly for any further information. The changes you should tell us about include, but are not limited to:

- If you change address
- If you or your partner have a change in income
- If your child changes school

▶ **Part 3 – Your declaration**

Please read this declaration carefully before you sign and date it.

- I understand that this claim is made to you, Cardiff Council.
- I declare that the information I have given on this form is correct and complete as far as I know and believe.
- I understand that if I knowingly give information that is incorrect or incomplete, I may be liable to prosecution or other action.
- I agree that you will use the information I have provided to process my claim for Free School Meals. You may check some of the information with other sources such as the Department for Work and Pensions or other Council Departments.
- I know that I must let you know in writing straight away about any change in my circumstances which might affect my claim.

Signature

Date

How to Return your Form

Applying is easy, just complete this Application Form, tear out and return it to:
any Hub or Local Housing Office, which are located across the city or by post: **Benefits Section. FREEPOST CF429, PO Box 6000, Cardiff, CF11 0WZ.**

To find out more information online visit:

www.cardiff.gov.uk/freeschoolmeals. Alternatively, email: freeschoolmeals@cardiff.gov.uk or phone: **029 2087 2873**